



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE

WOMEN CELL

2022-23



Women Cell Report

2022-23

GARGAON COLLEGE

Sl. No. 1

- a) **Name of the workshop /seminar/conference:** Workshop on Gender Sensitization
- b) **Related to:** Gender Sensitivity
- c) **Date (From-to):** 10.12.2022
- d) **Organized by:** Women Cell (GCTU) in association with IQAC and Department of Chemistry, Gargaon College
- e) **Nature of Activity:** Workshop
- f) **Name of the Resource Person(s):**

- i. **Ms. Pimily Langthasa**, Assistant Professor, Dept. of Zoology

- Topic:** Women: A key differentiator towards gender equality

- ii. **Ms. Upama Saikia**, Assistant Professor, Dept. of Political Science

- Topic:** Laws and Practicalities: Understanding Women Rights in India

- g) **Brief report of the program (100-250 words):**

Gargaon College organized an online workshop on issues related to gender sensitization. It is an Integrated and interdisciplinary approach to understand the social and cultural constructions of the gender, the laws and policies in challenging towards achieving gender equality. Gender sensitization will definitely bring in the desirable changes in the overall development of the nation as well as across the globe. United Grants Commission (UGC) is committed to the goal of developing a safe, secure and violence free environment in all the educational institutions across the country. This workshop is organized under the notification of United Grants Commission (UGC), directed by the Ministry of Education to conduct a Special Drive on various issues related to gender sensitization.

The program is organized by Women Cell (GCTU), in association with IQAC, Gargaon College and Department of Chemistry, Gargaon College, Sivasagar, Assam. It was coordinated by Dr. Pakiza Begum, Assistant Secretary, Women Cell (GCTU), Gargaon College. There have been two sessions in the workshop presided by Ms. Pimily Langthasa, Assistant Professor, Department of Zoology, Gargaon College and Ms. Upama Saikia, Guest Lecturer, Department of Political Science, Gargaon College. The first speaker gave talk on the topic “Women: A key differentiator towards gender equality” where discussed on topics like gender equity and equality,

gender roles and identity, gender policies and challenges towards achieving gender equality. She said that Gender sensitization plays a very role in achieving gender equality; how it plays a role in dismantling of systemic gender biases and sexism. She further added that evaluation of all public service policies, programs and activities can be done so that the gender sensitive public services are effective in its planning, implementation and monitoring reforms.

The second speaker's talk was on Laws and Practicalities: Understanding Women Rights in India. She emphasized on the constitutional rights regarding women and focus on some recent examples of some amendments of Acts regarding women in India. She further discussed various schemes of Assam government which has been adopted for the protection and promotion of women rights. Although on certain grounds, the scenario is different which could be understood from recent reports of increasing crime against women in India. The speaker focused that the need of the hour is to change people's mind-set with the changing transformation from the rights to protection and from discrimination to dignity and respect.

h) Rationality of the program

Gender inequalities are learned through education at various levels including the family, school, religions, society and the wider community level. Through such programs the students can form their own judgement on issues like-

- Having a girl's body does not teach one to do household work or care for others.
- Having a boy's body does not ensure that they will be fearless, intelligent and strong
- These qualities are learnt and taught to us at different stages in our lives within the family, schools, community, and so on.
- It is one's upbringing that determines how one grows, what one becomes.
- To learn about the idea of "stereotypes" and consider whether gender stereotypes are fair or unfair.
- To enable them to understand how it feels to not conform to socially defined gender norms.

i) Media coverage (Link for YouTube, Newspaper cutting):

Newspaper

<https://www.sentinelassam.com/amp/north-east-india-news/assam-news/online-workshop-on-gender-sensitization-held-in-gargaon-college-sivasagar-627560>

ed by Sonitpur police led by SI peddler Jashaskar Kalita, resi- Luit Talukdar.

Online workshop on gender sensitization

OUR CORRESPONDENT

SIVASAGAR, Dec 11: Gender sensitization can go a long way in bringing the desirable changes in the overall development of the nation as well as across the globe. In keeping with such pressing concerns, Gargaon College organized an online workshop on issues related to gender sensitization on Saturday.

The workshop, inaugurated by Principal of Gargaon College and noted academician, Dr Sabyasachi Mahanta, was held with the objective of creating gender sensitization by understanding the social and cultural constructions of gender, the laws and policies required towards achieving gender equality with an integrated and interdisciplinary approach. The programme was organized by Women Cell (CCTU), in association with IQAC and Department of Chemistry, Gargaon College. It was coordinated by Dr Pakiza Begum, Assistant Secretary, Women Cell (GCTU), Gargaon College. Pimily

'Gender sensitization plays a significant role in achieving gender equality'

Langthasa, Assistant Professor, Department of Zoology and Upama Saikia, Guest Lecturer, Department of Political Science, Gargaon College were the resource persons.

The first speaker gave a talk on the topic 'Women: A Key Differentiator towards Gender Equality' where she discussed about gender equality and equality, gender roles and identity, gender policies and challenges in achieving gender equality. She explained how gender sensitization plays a very significant role in achieving gender equality, how it plays a role in dismantling the systemic gender biases and sexism. She further added that evaluation of all public service pol-

icies, programmes and activities can be done so that the gender sensitive public services becomes effective in planning, implementation and monitoring of reforms.

The second speaker's talk was on 'Laws and Practicalities: Understanding Women Rights in India'. She emphasized the constitutional rights regarding women and focused on some recent examples of some amendments of Acts regarding women in India. She further discussed various schemes of Assam Government which have been adopted for the protection and promotion of women rights. She also pointed out that on certain grounds, the scenario was different, which could be understood from recent reports of increasing crime against women in India. The speaker said that the need of the hour was to change people's mindset with the changing transformation from the rights to protection and from discrimination to dignity and respect.

YouTube

<https://www.youtube.com/watch?v=Y0pCIuT4E5I>

j) Photographs of the program:

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "Stereotypes" and "Gender Based Discrimination". The slide content includes:

- Stereotypes**
 - The assignment of roles, tasks and responsibilities for a particular gender on the basis of preconceived judgments.
 - The differences in roles, responsibilities, needs and behavioral patterns between men and women are a product of socialization in a particular social, economic, cultural and political context.
 - The process of socialization also constructs the nature and pattern of relationship between men, women and other identities on unequal terms.
 - Stereotypes result in the "survivors" becoming unsure to themselves.
- Gender Based Discrimination**
 - Where one gender is favored and the other becomes disadvantaged.
 - When the gender role differences are used on the basis for establishing the superiority of one gender and the subordination of the other, they result in discrimination.

The slide footer reads "D:\Gargaon College\Workshop\VID-20221210\MM0001.msd".

The Zoom meeting title is "Zoom Meeting" and it is currently "LIVE". The participant list on the right shows 31 participants, including:

- pakiza (Co-host, me)
- Gargaon College (Host)
- Pimily Langthasa (Co-host)
- Mrinal Ghosh (Co-host)
- Upama Saikia (Co-host)
- Anindita Dakhara
- Anjan Konwar
- Ankika dutta
- Arandao Narzary
- Bhaswati Bordoloi
- Boishali Boruah
- boluram das

The meeting controls at the bottom show "Mute All" and the time is 19:27 on 10-12-2022.

Zoom Meeting

LIVE YouTube

Gender Equality and Equity

Equal Opportunities???

Gender equality and equity

Gender Mainstreaming:

- The process of assessing the implication for women and men of any planned action, including legislation, policies and programs in all areas and in all levels
- It is the strategy for making women as well as men concerns and experiences an integral dimension of design, implementation and evaluation so that the woman and men benefit equally and inequality is not perpetuated.

Pimily Langthasa

Pimily Langthasa

Participants (31)

Find a participant

- UD
- BD Bernali Dutta
- DM Dr. Meghali Bora
- G Gautom Hazarika
- J Jyotishman
- KP kabita phukon
- MR Mina ... [Ask to Unmute](#) [More >](#)
- NG Niharika Gogoi
- N Nilutpal Chutia
- Nomami Dutta
- P Pankaj Dutta
- PG Pobon Gogoi
- P Pranab Dowarah

Invite Mute All

ENG IN 19:27 10-12-2022

Zoom Meeting

LIVE YouTube

pakiza Pimily Langthasa Gargaon College

Upama Saikia

Participants (31)

Find a participant

- Nomami Dutta
- Pankaj Dutta
- PG Pobon Gogoi
- P Pranab Dowarah
- Priyanka Tamuli
- R Rashmi Dutta
- RT Rituraj Tahu
- SS Saheen S. Begum
- SA Sandeepa Aganwalla
- Y Yuvaraj
- DD DR. DIMBESHWAR DAS
- DB Dr. Bidyananda Borkakoty

Invite Mute All

ENG IN 19:34 10-12-2022

Zoom Meeting

LIVE YouTube

pakiza Pimily Langthasa Gargaon College

Upama Saikia

Participants (32)

Find a participant

- Nomami Dutta
- Pankaj Dutta
- PG Pobon Gogoi
- P Pranab Dowarah
- Priyanka Tamuli
- R Rashmi Dutta
- RT Rituraj Tahu
- SS Saheen S. Begum
- SA Sandeepa Aganwalla
- Y Yuvaraj
- DD DR. DIMBESHWAR DAS
- SC Sangeeta Chetia

Invite Mute All

ENG IN 19:42 10-12-2022

k) Any additional information:

Instruction by UGC

Committee format

https://drive.google.com/file/d/18799hg0uTMcdLduxInttbBnX_v3GBPOU/view?usp=sharing

Committee signed by the Principal, Gargaon College

<https://drive.google.com/file/d/1imbfnPVK6rp9abVJOik-9opM5ItY2dUp/view?usp=sharing>

l) Number of Participants: 33

m) List of participants (Link for google form, excel or clear photograph of the register along with signature):

<i>Sl. No.</i>	<i>Name</i>
1.	Pimily Langthasa
2.	Dr. Mrinal Ghosh
3.	Upama Saikia
4.	Dr. Pakiza Begum
5.	Anindita Dadhara
6.	Ankika Dutta
7.	Dr. Anjan Konwar
8.	Dr. Arandao Narzary
9.	Dr. Pakiza Begum
10.	Dr. Boluram Das
11.	Boishali Boruah
12.	Bornali Dutta
13.	Dr. Meghali Bora
14.	Gautom Hazarika
15.	Jyotishman
16.	Dr. Kabita Phukon
17.	Mina Robidas
18.	Niharika Gogoi
19.	Nilutpal Chutia
20.	Pankaj Dutta
21.	Nomami Dutta

22.	Dr. Pobon Gogoi
23.	Mr. Pranab Dowarah
24.	Dr. Rashmi Dutta
25.	Dr. Saheen S. Begum
26.	Dr. Dimbeshwar Das
27.	Dr. Bidyananda Borkakoty
28.	Dr. Priyanka Tamuli
29.	Mr. Rituraj Tahu
30.	Ms. Sandeepa Agarwalla
31.	Mr. Yuvaraj Gogoi
32.	Mrs. Sangeeta Chetia
33.	Dr. Nilakshi Chetia

Participants (31)

Find a participant

pakiza (Co-host, me)	Bornali Dutta	Nomami Dutta
Gargaon College (Host)	Dr. Meghali Bora	Pankaj Dutta
Pimily Langthasa (Co-host)	Gautom Hazarika	Pobon Gogoi
Mirinal Ghosh (Co-host)	Jyotishman	Pranab Dowarah
Upama Saikia (Co-host)	kabita phukon	Priyanka Tamuli
Anindita Dadhara	Mina ... Ask to Unmute More >	Rashmi Dutta
Anjan Konwar	Niharika Gogoi	Rituraj Tahu
Ankika dutta	Nilutpal Chutia	Saheen S. Begum
Arandao Narzary	Nomami Dutta	Sandeepa Agarwalla
Bhaswati Bordoloi	Pankaj Dutta	Yuvaraj
Boishali Boruah	Pobon Gogoi	DR. DIMBESHWAR DAS
boluram das	Pranab Dowarah	Sangeeta Chetia

n) Photocopy of the flyer:

Gargaon College
Workshop on
Gender Sensitization
Organized by
Women Cell (GCTU)
In association with
IQAC, Gargaon College
&
Department of Chemistry, Gargaon College

Date: 10:12.2022
Time: 07:00 pm
Registration link:
<https://cutt.ly/90r9Z2y>

QR code for Zoom link

Inaugurator
Dr. Sabyasachi Mahanta
Principal
Gargaon College

Speaker 1
Ms. Pimily Langthasa
Assistant Professor
Deptt. of Zoology
Gargaon College

Speaker 2
Ms. Upama Saikia
Assistant Professor
Deptt. of Political Sc.
Gargaon College

o) Photocopy of Letter of Appreciation

Gargaon College
Simaluguri, Sivasagar, Assam

CERTIFICATE OF APPRECIATION

This Certification of Appreciation is awarded to

Ms. Upama Saikia

In recognition of her valuable contribution as a **Speaker** in the Online Workshop on "**Gender Sensitization**" on 10th of December, 2022.

Organized by
Women Cell (GCTU)
In collaboration with
IQAC & Department of Chemistry, Gargaon College

Dr. Pakiza Begum
Coordinator
Gargaon College

Dr. Sabyasachi Mahanta
Principal
Gargaon College

Gargaon College
Simaluguri, Sivasagar, Assam

CERTIFICATE OF APPRECIATION

This Certification of Appreciation is awarded to

Ms. Pimily Langthasa

In recognition of her valuable contribution as a **Speaker** in the Online Workshop on "**Gender Sensitization**" on 10th of December, 2022.

Organized by
Women Cell (GCTU)
In collaboration with
IQAC & Department of Chemistry, Gargaon College

Dr. Pakiza Begum
Coordinator
Gargaon College

Dr. Sabyasachi Mahanta
Principal
Gargaon College

Sl. No. 2

1. **Name of the program:** National Girl Child Day
2. **Venue:** Open space, Gargaon College
3. **Date:** 24th January, 2023
4. **Organized by:** Department of Statistics, Women Cell (GCTU), IQAC and 11 Assam NCC Girls (I) Coy, Gargaon College
5. **Resource Person:** Dr. Sabyasachi Mahanti, Principal and Dr. Pobon Gogoi, Associate Professor and Head, Department of Statistics, Gargaon College
6. **Nature of Activity:** Popular talk
7. **Number of participants:** 64
8. **Objective of the Program:**

To celebrate and promote the rights and well-being of girls, addressing the challenges they face and advocating for gender equality

9. **Under scheme** (*most important point*):

10. **Brief report of the program:**

11. **Rationality of the program:**

National Girl Child Day serves as a platform to mobilize efforts toward creating a society that identifies and admires the rights of girls, ensuring they have the opportunities and support needed to thrive and contribute to their communities and the nation as a whole.

12. **Media Coverage:**

- a. **Facebook:**

- b. **YouTube link (if any):**

<https://youtu.be/smLXFSGlv6s?si=2ReMixmee9LZzxmU>

13. **Newspaper cutting:**

Sentinel:

Gargaon College Joins Hands to Celebrate National Girl Child Day

Khairuddin Ahmed, Sibsagar, Jan 25: National Girl Child Day was observed on 24th January, 2023 at the premises of Gargaon College by the Department of Statistics and Women Cell, Gargaon College Teacher's Unit in association with IQAC, Gargaon College and 11 Assam Girls (I) Coy NCC, Gargaon College. Dr Ranjana Gogoi, head and Associate Professor of the department of Statistics while putting across the objectives and significance of the program explained how National Girl Child Day was first initiated in 2008 by the Ministry of Women and Child Development to draw attention to the inequalities faced by the girl child and to create awareness regarding her rights including the importance of education, health, and nutrition. Significantly, the date also marks the day in 1966 that Late Indra Gandhi took over as the first woman Prime Minister of India.

Dr. Sabyasachi Mahanta, Principal of Gargaon College and noted academician, in an insightful and thought-provoking address delineated the bleak social scenario where girls continue to face prejudice, inequality and abuse despite two decades of the twenty first century having elapsed and the breakthroughs made in science and other fields. Citing real examples of society's discrimination against the girl child such as foeticide, child marriage etc, he explained how it is imperative for

Contd. to Pg 11.



The Sentinel
of this land, for its people

Gargaon College celebrates National Girl Child Day

OUR CORRESPONDENT
SIVASAGAR, Jan 25: National Girl Child Day was observed on Tuesday at the premises of Gargaon College by the Department of Statistics and Women Cell, Gargaon College Teacher's Unit in association with IQAC, Gargaon College and 11 Assam Girls (I) Coy NCC, Gargaon College.

Dr Ranjana Gogoi, head and Associate Professor of the department of Statistics, while putting across the objectives and significance of the programme, explained how National Girl Child Day was first initiated in 2008 by the Ministry of Women and Child Development to draw attention to the inequalities faced by the girl child and to create awareness regarding her rights including the importance of education, health, and nutrition. Significantly, the date also marks the day in 1966 that Late Indra Gandhi took over as the first woman Prime Minister of India.

Dr Sabyasachi Mahanta, Principal of Gargaon College and noted academician, in an insightful and thought-provoking address delineated the bleak social scenario where girls continue to face prejudice, inequality and abuse despite two decades of the twenty first century having elapsed and the breakthroughs made in science and other fields. Citing real examples of society's discrimination against the girl child such as foeticide, child marriage etc, he explained how it is imperative for girls to empower themselves through education, become financially independent and to participate in the decision-making process. He further urged upon the girl students to be the torchbearers of change themselves.

Dr Rina Handique, Vice Principal of the college alluded to certain practical instances of gender inequality and spoke on the necessity of creating awareness against such bias.

Maharaja Phukan, president of Gargaon College Teachers' Unit spoke of the significance of the day and the importance of bringing change in people's perceptions regarding the girl child.

Dr Poojit Gogoi, Head and Associate Professor of the department of Political Science, enumerated the different schemes implemented by the government for the welfare of the girl child.

The programme moderated by Dr Pakira Begum, Secretary of Women Cell (GCTU) and Assistant Professor, department of Chemistry, was attended by a significant number of students and faculty members of the college.

Guwahati English Edition
Jan 26, 2023 Page No. 7

14. Photograph of the flyer:

GARGAON COLLEGE

NATIONAL GIRL CHILD DAY, 2023

Digital Generation, Our Generation

Organised by:
Department of Statistics, Gargaon College
&
Women Cell (GCTU), Gargaon College
In Association with
IQAC, Gargaon College
and
11 Assam Girls (I) Coy NCC, Gargaon College

Date: 24-01-2023 Time : 11 AM

15. Photographs of the program (maximum 10):





16. List of participants (should be photo of register or link for google sheet if taken in google form):

Date: 24-01-23

National Girl Child Day, 2023

National Girl Child Day is celebrated every year on the 24th of January to create awareness about the rights of the girl child, to remove gender-based bias and education of girl child.

Dr. of Gangwan College is celebrating this occasion in an open space and is organized by Dept. of Statistics for and Women Cell (AICTE), Gangwan College in association with IQAC and NCC. All Assam Girls Day.

Gangwan college, the resource persons for the same include:

- 1) Dr. Babysashi Mahanta, Pibhupal
- 2) Dr. Rina Handique, Via
- 3) Dr. Homamona Phukan, AICTE President
- 4) Dr. Paban Kr. Gogoi, H.O.D, Political Science

Name	Signature
1) DR. BABYASHI MAHANTA	[Signature]
2) DR. RINA HANDIQUA	[Signature]
3) PUNJY KONGKHO	[Signature]
4. MANUJAN PHUKAN	[Signature]
5. DR. PABAN KR. GOGOI	[Signature]
6. DR. KALITA PHUKAN	[Signature]
7. Ms. Barnali Phukan	[Signature]
8. Mina Phukan	[Signature]
9. Koushik Datta	[Signature]
10. Dr. Sanjit Saitia	[Signature]
11. Dr. Himant Gogoi	[Signature]
12. Sanjay Hazarika	[Signature]
13. A. Gitanjali Boruah	[Signature]
14. Dr. Priyanka Tamuli	[Signature]
15. Ankita Datta	[Signature]

Name	Signature	Date
16. Sujata Goswami	[Signature]	24/01/23
17. Prabon Jati Boruah	[Signature]	24/01/23
18. Sandhya Boruah	[Signature]	24/01/23
19. Dr. Rakshita Jyoti	[Signature]	24/01/23
20. Purni Singh	[Signature]	24/01/23
21. Bipat Bish Hazarika	[Signature]	24/01/23
22. Dr. Chiranta Bhagwati	[Signature]	24/01/23
23. Rituraj Dasg	[Signature]	24/01/23
24. Rituraj Dasg	[Signature]	24/01/23
25. Dr. Hemantika Haz	[Signature]	24/01/23
26. Dr. Manoj Gogoi	[Signature]	24/01/23
27. Anurag Pratim	[Signature]	24/01/23
28. Nibedita Boruah	[Signature]	24/01/23
29. Anil Tanti	[Signature]	24/01/23
30. Dr. Pankaj Kumar Mitta	[Signature]	24/01/23
31. Dr. Ananya Konwar	[Signature]	24/01/23
32. Mohananda Tamuli	[Signature]	24/01/23
33. Dr. Nalini B. Boruah	[Signature]	24/01/23
34. Dr. Nalini B. Boruah	[Signature]	24/01/23
35. Dr. Meghali Bora	[Signature]	24/01/23
36. Dilip Kumar Bora	[Signature]	24/01/23
37. Dr. Jayanti Dasg	[Signature]	24/01/23
38. Dr. Manojmoy Dasg	[Signature]	24/01/23
39. Rakhi Dasg	[Signature]	24/01/23
40. Polo Konwar	[Signature]	24/01/23
41. Anura Gogoi	[Signature]	24/01/23
42. Subhadra Saitia	[Signature]	24/01/23
43. Tina Boruahain	[Signature]	24/01/23
44. Ganga Boruah	[Signature]	24/01/23
45. Karabi Gogoi	[Signature]	24/01/23
46. Nibedita Boruah	[Signature]	24/01/23
47. Himant Phukan	[Signature]	24/01/23
48. Anjanita Boruahain	[Signature]	24/01/23
49. Anshu Saitia	[Signature]	24/01/23

Date: 24-01-23

50. Srimukha Boruah	[Signature]
51. Bharti Pradya Phukan	[Signature]
52. Pansinila Boruah	[Signature]
53. Manoj Gogoi	[Signature]
54. Piyam Boruah	[Signature]
55. Barbie Boruahain	[Signature]
56. Sanjya Thapa	[Signature]
57. Bhavani Baruah	[Signature]
58. Kavita Chetia	[Signature]
59. Upama Saitia	[Signature]
60. Kibon Boruahain	[Signature]
61. Kuki Ananya Boruahain	[Signature]
62. Chandni Gogoi	[Signature]
63. Raksh Phukan	[Signature]
64. Swarnimaj Boruah	[Signature]

Sl. No. 3

1. **Name of the program:** Sachin Pator Memorial Women's Inter-College Badminton Tournament
1. **Venue:** Gargaon College Indoor Stadium
2. **Date:** 04.02.2023
3. **Organized by:** Women Cell, Gargaon College Teachers' Unit (GCTU) in association with Women Cell (IQAC) and NCC, Gargaon College
4. **Chief Guest:** Dr. Raju Phukan, Principal, Nazira College, and former Associate Professor of the department of Economics, Gargaon College
5. **Nature of Activity:** Outreach/Extension/in campus
6. **Number of participants:**
7. **Objective of the Program:**
Promoting Physical Fitness, Empowerment and Equality, encouraging a Healthy Lifestyle and Promoting Sports Culture
8. **Brief report of the program:**

Gargaon College hosted the Sachin Pator Memorial Women's Inter-College Badminton Tournament under the aegis of the Women Cell, Gargaon College Teachers' Unit (GCTU) in association with Women Cell (IQAC) and NCC, Gargaon College on 4th February, 2023 at the Gargaon College indoor stadium. The Chief Guest and inaugurator were Dr. Raju Phukan, Principal, Nazira College, and former Associate Professor of the department of Economics, Gargaon College. In her welcome speech, Vice Principal of the college, Dr. Rina Handique appreciated the efforts of both the women cells and NCC of the college for holding the tournament which she believed would provide a much-needed fillip to develop the spirit of sportsmanship among the women players and contribute to their overall well-being.

The inauguration programme hosted by Mrs. Priyanka Tamuli, Assistant Professor of the department of Sociology was attended by several guests including Dr. Monjumoni Gogoi Dhar, Vice President of GCTU, IQAC coordinator Dr. Surajit Saikia and Mrs. Pompa Pator, member of the donor's family and sister-in-law of Late Shri Sachin Pator. Mr. Durlav Das graced the occasion as the invited coach for the tournament. The vote of thanks was delivered by Mrs. Nilakhi Chetia, Associate Professor of the department of Assamese. The organizers extended their heartfelt gratitude to Dr. Sabyasachi Mahanta, noted academician and Principal of Gargaon College for his encouragement and unflinching support in holding the tournament. They also offered thanks to the office staff of the college for their kind cooperation and assistance.

Faculty members Dr. Arandao Narzary and Mr. Guna Kanta Sonowal and non-teaching staff member Mr. Pinku Borgohain and the NCC cadets extended helping hand in the smooth conduct of the games. Many participants from Gargaon College and SMD College, Charing who turned up for the tournament tried to give their best performance. Significantly, the 1st prize of the tournament worth Rs. 2000/- with trophy is donated by Dr. Raktim Pator, Assistant Professor of the department of History and the 2nd prize worth Rs. 1500/- is donated by Miss Ankika Dutta,

Assistant Professor of the department of Economics, Gargaon College. Dr. Pakiza Begum Assistant Professor, Dept. of chemistry, Gargaon College bagged the first prize of the tournament, Ms. Pimily Langthasa, Assistant Professor, Dept. Of Zoology, Gargaon College bagged the second prize, Dr. Saheen Shehnaz Begum, Assistant Professor, Dept. Of Chemistry won the third prize while the 4th and consolation prize won by Ms. Sandeepa Agarwalla, Assistant Professor, Dept. Of Botany, Gargaon College.

9. Rationality of the program:

The Women's Inter-College Badminton Tournament plays a crucial role in promoting physical and mental well-being, empowering women and motivating female students, fostering community and sportsmanship and contributing to the overall development of a positive sports culture within educational institutions.

10. Media Coverage:

a. Facebook:

https://m.facebook.com/story.php?story_fbid=pfbid02mDEoYcYQ9Ze4xVgvNxbaG74uMvnLYrza4oLp4VkB1e9L7E6vbT2ZjBf6Kyo9EF4gl&id=100002570869349

b. YouTube link (if any):

https://youtu.be/CNgCyzFM89k?si=1-dYKEU93G68-t_P

<https://youtu.be/6sAcO3Y60Ts?si=FI2WZEcLgjcJPfOH>

11. Newspaper cutting:

গে এখন কাকং পেনৰ ভগা হেঙেল পত্ৰালে মাৰ
ৰত আঘাত পায়। পাছত এন্ডিয়া চিকিৎসালয়লৈ
ৰ অভিযোগৰ ভিত্তিত কান্সলিৰ বিৰুদ্ধে আই পি চিৰ
। অধীনত গোচৰ ৰুজু কৰা হৈছে।

অ ভাৰত ৱত ৱাশং ৭২২
ক ৰি বলৈ সক্ষম হয়।
আমোলাপট্ৰিৰ আঙ্গা ৰাৰে ৪ টা
উইকেট দখল কৰে।

নৰ আন্তঃ মহাবিদ্যালয় মহিলা-শিক্ষক বেডমিণ্টন

জয়

ভাৰতীয়
ংকৰে লং
চেম্পিয়ন
ছৰ সোণৰ
ষ্ট থমাছৰ
ই ইয়াত
ইনড'ৰ গ্ৰী-
নাগৰ পদক
নে ২.২৬
স্থান লাভ
াছে ২.২৩
তীয় স্থান
গাৰ্মিংহাম
তেজশ্বিনে
ছিল।

শিৱসাগৰ : বিশেষ সংবাদদাতা, ৫ ফেব্ৰুৱাৰী : গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটেৰ মহিলা কোষৰ উদ্যোগত আন্তঃৰাষ্ট্ৰীয় মান নিৰূপণ কোষৰ মহিলা কোষ আৰু এন চি চিৰ সহযোগত শিৱসাগৰ মণ্ডলৰ আন্তঃ মহাবিদ্যালয়ৰ ভিত্তিত মহিলা শিক্ষকৰ মাজত এখন বেডমিণ্টন প্রতিযোগিতা আয়োজন কৰা হয়। শচীন পাটৰৰ সৌৰৰণত অনুষ্ঠিত বেডমিণ্টন প্রতিযোগিতাখন উদ্বোধন কৰে নাজিৰা মহাবিদ্যালয়ৰ অধ্যক্ষ ড° ৰাজু ফুকনে। শিৱসাগৰৰ কেইবাখনো মহাবিদ্যালয়ে যোগদান কৰা প্রতিযোগিতাত জয়ী হয় গড়গাঁও মহাবিদ্যালয়ৰ সহকাৰী অধ্যাপিকা ড° পাকিজা বেগম। প্রতিযোগিতাখনত দ্বিতীয়, তৃতীয় আৰু চতুৰ্থ স্থানত থাকে গড়গাঁও মহাবিদ্যালয়ৰে পিমলি লাংথাছা, ড° শ্বাহিনা চেহ্নাজ বেগম আৰু সন্দীপা আগৰৱালা। মহাবিদ্যালয়খনৰ শিক্ষক গোটেৰ মহিলা কোষৰ সমন্বয়ক ড° পাকিজা বেগমে প্রতিযোগিতাখন সফল আয়োজনত সহযোগ কৰা অধ্যক্ষ ড° সৰ্বাসাচী মহন্ত, উপাধ্যক্ষ ড° ৰীণা সন্দিকৈ, প্ৰশিক্ষক দুৰ্লভ দাস, অধ্যাপক ক্ৰমে ড° আৰাণ্ডা নাজিৰী, গুণকান্ত সোণোৱাল, ড° ৰক্তিম পাটৰ, মহাবিদ্যালয়ৰ অধ্যাপক-অধ্যাপিকাসকল, এন চি চিৰ সদস্যসকল তথা প্রতিযোগীসকলক ধন্যবাদ জনায়।

আশুৰ ব্ৰঞ্জৰ পদক জয়

জাগ্ৰেব, ৫ ফেব্ৰুৱাৰী : এছিয়ান চেম্পিয়নশ্বিপত ব্ৰঞ্জৰ পদক বিজয়ী আশুৰে আজি ইয়াত জাগ্ৰেব অ'পেন ৰেংকিং ছিৰিজৰ সামৰণিৰ দিনা গ্ৰীকো ৰোমান শাখাত ভাৰতৰ হৈ ৬৭ কেজিত ব্ৰঞ্জৰ পদক জয় কৰে। ২৩ বছৰীয়া মল্লযোদ্ধাজনে লিথুৱানিয়াৰ এডোমাছ থ্ৰিগলিয়ুনাছক ৫-০ ব্যৱধানত পৰাজিত কৰে। প্রতিযোগিতাত তেওঁ ভাৰতৰ হৈ দ্বিতীয়টো পদক জয় কৰে। ইয়াৰ আগতে পুৰুষৰ ৫৭ কেজি শাখাত অমন্যে ছেহ্নাৰতে ব্ৰঞ্জৰ পদক জয় কৰিছিল। অৱশ্যে প্রতিযোগিতাত অংশ গ্ৰহণ কৰা আন ভাৰতীয় মল্লযোদ্ধাসকলে হতাশ কৰে। গ্ৰীকো ৰোমান শাখাত ভাৰতৰ সাগৰ (৬৩ কেজি), মহিলাৰ ৫৩ কেজি শাখাৰ কোৰ্ভাৰ্টাৰ ফাইনেলত সুযমা ছৌকিন, মহিলাৰ ৭২ কেজি শাখাত স্বতিকা আৰু ৭৬ কেজি শাখাত কিৰণ পৰাজিত হয়।

পৰ হাফ মাৰাথন সম্পন্ন মৰিগাঁও ফুটবল

12. Photograph of the flyer:



13. Photographs of the program (maximum 10):





14. List of participants (should be photo of register or link for google sheet if taken in google form):

Date: 04-02-23

Women Inter College Tournament

Sports play an important part in improving physique of & mental health. A good sport helps in building confidence & leadership skills. Sports are an integral part of human life & it has great importance in every sphere of life. It certainly is an excellent tool to keep the body fit & have massive positive effect on both body & mind. It brings discipline in life, keeps us energized, vigilant, focused, lively & courageous. This in turn can reduce depression, anxiety, stress & improve our overall mood & sleep.

Badminton, an indoor game, is an excellent exercise for the body. It strengthens muscles, enhances reflexes & motor coordination, increases flexibility & improves balance; it uses every muscle in the body.

Sports encourage the women & set examples to defy gender stereotypes & social norms, making inspiring role models & show men & women as equals. This inter-college tournament is organized.

Name	Signature
1) Dr. Rina Handase	[Signature]
2) Dr. Mayuram G. Srin	[Signature]
3) Mrs. Pampa Pillai	[Signature]
4) Dr. Surajit Saikia	[Signature]
5) Roopshika	[Signature]
6) Pooja Begum	[Signature]
7) Pooja Lakshmi	[Signature]
8) Anika Datta	[Signature]

Women's Inter College Tournament

1) Ananya Ghoshal	[Signature]
2) Dr. Nisati B. Konwar	[Signature]
10) Mina Kobidas	[Signature]
11) Soukha Beraagshaw	[Signature]
12) Pooja Konwar	[Signature]
13) Barnalee Bhuyan	[Signature]
14) Ananya Bora	[Signature]
15) Barunali Dutta	[Signature]
16) Bidyut B. Hazarika	[Signature]
17) Ritwick Samaran	[Signature]
18) Dr. Meghali Bora	[Signature]
19) Dr. Kabita Phukan	[Signature]
20) Arjun Das	[Signature]
21) Dr. Anindita Ghosh	[Signature]
22) Pooja Datta	[Signature]
23) Shubra Manohar	[Signature]
24) Nehalika Chel	[Signature]
25) Priyanka Janku	[Signature]
26) Dr. Gitabati Armatu	[Signature]

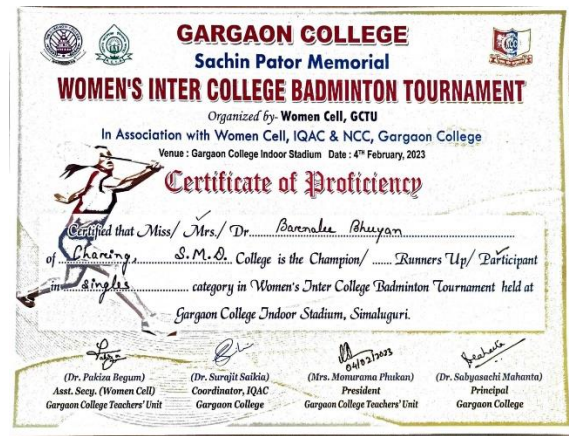
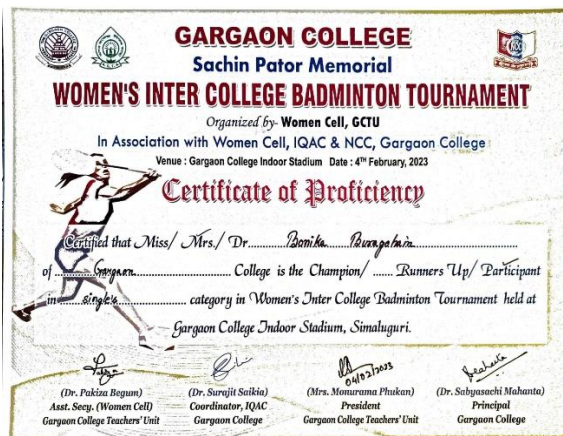
Students

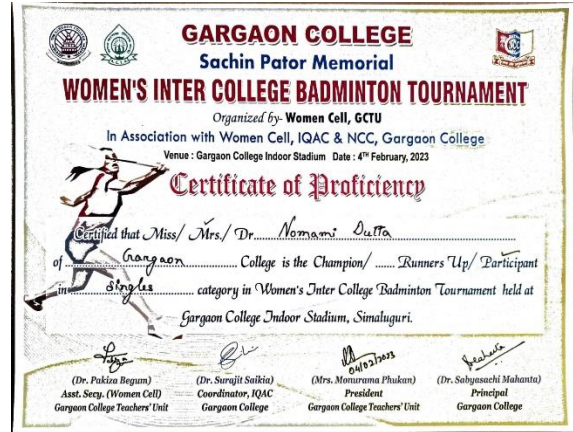
1. Sakifa Rahman
2. Pooja Bora
3. Debasika Saikia
4. Indrani Dutta
5. Chandana Phukan
6. Ananya Bora
7. Ritwik Das
8. Kousik Das
9. Akhila Gopi
10. Pratiksha Bora

Women's Inter College Tournament

11. Anupriya Mohan
12. Tanishka Datta

15. Certificates (if any):





Gargaon College organizes Sachin Pator Memorial Women's Inter-College Badminton Tournament.

- **Organizer**

Women Cell (GCTU) in association with Women Cell (IQAC) and NCC, Gargaon College

Chief Guest and inaugurator: Dr. Raju Phukan, Principal, Nazira College, former associate prof of dept of economics, Gargaon College

- **Welcome speech: VP madam, Dr. Rina Handique**

- **Other guests:**

Dr. Monjumoni gogoi dhar (VP, GCTU)

Mrs. Pompa Pator from donor's family, sister-in-law of Sachin Pator

IQAC coordinator

Invited Coach:

- VoT: Nilakhi Madam
- Mr. Durlav Das
- Host: Priyanka Tamuli
- Ever grateful to: Dr. S. Mahanta Sir and Office staff
- Great help by:

Dr. Arandao Narzary

Mr. Guna Kanta Sonowal

Mr. Pinku Borgohain

NCC cadets

For helping in smooth conduction of games

- Participants from gargaon college and SMD college, Charing
- Donor

1st prize: Cash Rs. 2000/- with trophy by Dr. Raktim Pator

2nd prize: Cash Rs. 1500/- by Miss Ankika Dutta

- Winners

1st: Dr. Pakiza Begum

2nd: Ms. Pimily Langthasa

Sl. No. 4

REPORT ON

INTERNATION WOMEN'S DAY CELEBRATION

GARGAON COLLEGE

8th March, 2023



WOMEN'S DAY CELEBRATION

Title: Seminar on International Women's Day Celebration

Related to IKS, RM, IPR or Entrepreneurship: IPR and Entrepreneurship

Date: 08.03.2023

Time: 10:30 am to 12:30 pm

Organized by: Women Cell (GCTU) in Association with Women Cell, IQAC and NCC (Army and Naval) Unit

Venue: Academic Gallery, Gargaon College, Sivasagar

Beneficiaries: UG & PG students, female faculty members and staff

Participants: UG & PG students, faculty members and staff

Nature of Activity: Seminar/Gender Sensitization

Name of the Resource Person: Dr. Sanchaita Rajkhowa, Resource Person, Assistant Professor, Centre for Biotechnology and Bioinformatics, Dibrugarh University.

Rationality of the program:

This day is an opportunity to acknowledge the social, economic, cultural and political achievements of women around the world. It is a day to celebrate the progress that has been made in advancing gender equality and women's rights. The main motive is to uphold women's achievements, recognize challenges and focus greater attention on women's rights and gender equality.

EVENT DETAILS

Sl. No.	Event details	Time
1.	Introduction of the dignitaries followed by occupying the dais	10:50 am – 10:55 am
2.	Felicitation of the dignitaries	10:55 am – 11:00 am

3.	Lighting of lamp	11:00 am – 11:05 am
4.	Significance/need of the program	11:05 am – 11:10 am
5.	Welcome speech	11:10 am – 11:30 am
6.	Talk by the resource person	11:30 am – 12:30 pm
7.	Vote of thanks	12:30 pm – 12:35 pm
8.	Formal end of the meeting	

DIGNITARIES PRESENT ON THE DAIS

1. Dr. Sabyasachi Mahanta, Principal, Gargaon College
2. Dr. Sanchaita Rajkhowa, Resource Person, Assistant Professor, Centre for Biotechnology and Bioinformatics, Dibrugarh University.
3. Dr. Rina Handique, Vice Principal, Gargaon College
4. Mrs. Monurama Saikia, President, Gargaon College Teachers' Unit
5. Mr. Surajit Saikia, IQAC coordinator, Gargaon College
6. Dr. Jitu Saikia, Executive Member (Zonal Committee), Teachers' Unit
7. Dr. Anjan Konwar, Secretary, Gargaon College Teachers' Unit

REPORT

The International Women's Day was celebrated at Gargaon College on 8th March, 2023. The purpose of celebrating Women's Day is – To raise awareness about the status and dignity of women among the students.

UNESCO states, "International Women's Day is an occasion to celebrate the progress made towards achieving gender equality and women's empowerment but also to critically reflect on those accomplishments and strive for a greater momentum towards gender equality worldwide. It is a day to recognize the extraordinary acts of women and to stand together, as a united force, to advance gender equality around the world."

The United Nations has highlighted the need for inclusive technology and digital education. It plans to have discussions on the role of all stakeholders in improving access to digital tools. With the IWD's origins linked to women workers' movements, it is important to note that

women’s lack of access to technology and digital tools makes them less likely to be a part of the wider domains of Science, Technology, Engineering and Mathematics – collectively termed the STEM fields.

The UN theme for this year’s International Women’s Day is “DigitALL: Innovation and technology for gender equality”. This theme is aligned with the priority theme for the upcoming 67th Session of the Commission on the Status of Women (CSW-67), “Innovation and technological change, and education in the digital age for achieving gender equality and the empowerment of all women and girls”.

At the outset of program Principal of Gargaon College, Dr. Sabyasachi Mahanta, gave a speech on Women’s Day. In his talk, he emphasized that gender equality and empowerment is essential to drive transformative change, find innovative solutions to help women and girls unleash their human capital and become leaders, entrepreneurs, and agents of change for green, resilient, and inclusive development. Engaging women is key to development, including climate action. Women’s economic empowerment, in conjunction with girls’ education, family planning, reproductive and sexual health, and reduced child marriage, can facilitate the transition to low-carbon economies, help improve resource use, and assist in lowering environmental damage and land fragmentation, as well as increase resilience. He urged upon to accelerate gender equality and empowerment today for a more sustainable tomorrow!

Some glimpses of the event



Mrs. Nilakhi Chetia, hosting the program



Ms. Sandeepa Agarwalla, hosting the program



Dr. Sabyasachi Mahanta, delivering welcome speech



Audiences listening to the talk



Teachers and students attending the program



Teachers and students attending the program

He emphasized on the fact that even though the digital world offers massive opportunities, it is not immune to the insistent backlash against women's rights and gender equality. In the digital space many women and girls, including those who are lesbian, bisexual, transgender or intersex, are up against gender-based violence, misogynistic attacks, and digital exclusion.

Rights of women and girls need to be protected in all their diversity in digital spaces and to collectively counter the anti-rights and anti-gender narratives used by groups to misinform societies and undermine the advancement of women's rights and gender equality. We must promote and protect women and girls' individual to empower, support and expand their civic space, access to information, meaningful participation, and equal access to justice when their rights are violated, including in digital spaces. We should realise that women's rights are human rights no matter where women choose to engage — online, at home, at work, everywhere.

The talk of the speaker, Dr. Sanchaita Rajkhowa, was entitled "The Role of Ideation, Innovation & Creativity in entrepreneurship". As women make up a substantial portion of the

labour force, and the economic contributions they make are essential to the development process. Women are more prevalent as company owners around the globe. The establishment of female entrepreneurs results in the empowerment of women. Women who feel more in control of their lives tend to be happier and more aware of their rights, place in society, and goals. Through corporate ownership, the female half of society is also becoming more economically and personally independent, as women are increasingly turning to entrepreneurship as a source of employment across a wide range of countries.

In her talk she very nicely explained the whole process of starting an entrepreneurship, the hardships, the excitement as well as the satisfaction that could come from able to do what you like and want. The need for ideation, innovation and creativity to have an idea that can earn us money and how they can be put into actions, the direction in which one needs to focus to achieve goals. How gap analysis could be another mean of finding business ideas, which captured the attention of students as well as faculty members. The program was attended by fifty faculty members and seventy-six students, being a local holiday on account the Holi the number of participants is quite impressive and this made the event a big success.



Felicitation: receiving token of appreciation



Audiences gathered for the program



Audiences present



Honourable principal delivering his welcome speech during the program



GARGAON COLLEGE



Celebrates
**International
Women's Day**

DigitALL: Innovation and technology for gender equality

ORGANIZED BY

Women Cell, Gargaon College Teacher's Unit (GCTU)

In Association with
**Women Cell, IQAC
&**

NCC (Army and Naval) Unit

**March 08, 2023, Time: 10:30 am
Venue: Academic Gallery**



Flyer of the program. Link:

https://www.canva.com/design/DAFS76iOY84/ZJlt75MxBad21JxyrV1ldA/edit?utm_content=DAFS76iOY84&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton



Lighting of lamp



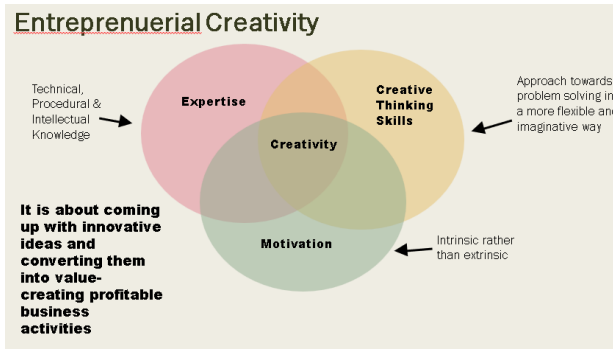
Audiences



Resource person delivering her speech



Highlighting the story of some local ladies



Resource person's slide



Ms. Sandeepa Agarwalla; host of the program (English)



Vote of thanks presented by Mrs. Sangeeta Chetia



Photo with poster at college gate



Certificate of Appreciation to the resource person

GARGAON COLLEGE

Date: 06.03.2023

On the occasion of International Women Day, Women Cell (Gargaon College Teachers' Unit), Gargaon College is organizing a popular talk to raise awareness about the status and dignity of women among the students. Below are the roles and responsibilities of faculty and staff in celebrating the Day at Gargaon College, Sivasagar, Assam. The theme selected for this year is **Digit-ALL: Innovation and technology for gender equality**.

Venue: Academic Gallery, Gargaon College.
Date: 8th of March, 2023.

CHIEF PATRONS

Dr. Sabyasachi Mahanta, Principal, Gargaon College
Dr. Rina Handique, Vice-Principal, Gargaon College

PATRONS

Mrs. Monurama Phukan, President, Gargaon College Teachers' Unit
Dr. Anjan Konwar, Secretary, Gargaon College Teachers' Unit
Dr. Surajit Saikia, IQAC Coordinator, Gargaon College

ADVISOR

Dr. Jitu Saikia, Vice-President, Zonal Committee, Teachers' Unit
Dr. Monjumoni Gogoi Dhar, HOD, Dept. of History
Dr. Pobon Kr. Gogoi, HOD, Dept. of Political Science
Dr. Dilip Kr. Deka, Associate Professor, Dept. of Geography
Dr. Raktim Patar, Associate Professor, Dept. of History

CONVENOR

Dr. Pakiza Begum, Assistant Professor, Dept. of Chemistry

COORDINATOR

Mrs. Nilakhi Chetia, HOD, Dept. of Assamese

ASSISTANT COORDINATOR

Ms. Pimily Langthasa, Assistant Professor, Dept. of Zoology

COMMITTEE MEMBERS

Members

Women Cell GCTU and IQAC

Hall Arrangement

Dr. Kabita Phukon (Convenor) Ms. Pimily Langthasa
Mr. Yuvaraj Gogoi Dr. Rituraj Neog

Mr. Rituraj Tahu
Ms. Bornali Dutta

Mr. Jayanta Sonowal
Dr. Mrinal Ghosh
Dr. Plaban Jyoti Sarma

Tea and Food Arrangement

Mrs. Nilakhi Chetia (Convenor) Dr. Baluram Das
Dr. Kabita Phukon Ms. Sandeepa Agarwalla

Felicitation

Mrs. Bonika Buragohain (Convenor) Mrs. Sangeeta Chetia
Mrs. Nomami Dutta Dr. Geetashree Arandhara
Dr. Saheen Shehnaz Begum Ms. Sujata Goala
Dr. Priyanka Dutta

Mike, Generator and ICT

Dr. Dimbeswar Das (Convenor) Mr. Nilutpal Chutia
Dr. Poly Konwar Dr. Chirantan Bhagawati
Dr. Amurag P. Das

Photography and Videography

Dr. Raktim Patar (Convenor) Dr. Arandao Narzary
Mr. Somkai Manham

Social Service

Mr. Guna Kanta Sonowal Dr. Mintu Gogoi
Mrs. Mina Rabidas Mr. Harekrishna Mili
Mr. Mohananda Tamuli Mr. Goutom Hazarika
Mr. Pankaj Dutta

Publicity and Press

Dr. Jitu Saikia (Convenor) Dr. Pankaj Nath

Rapporteur

Dr. Ankur Dutta (Convenor) Ms. Ankika Dutta

News Reporting

Dr. Shyamalima Saikia (Convenor) Ms. Devajani Bakalial

Mrs. Monurama Phukan
President, GCTU,
Gargaon, College,
Sivasagar- 785686, Assam.

(Dr. Anjan Konwar)
Secretary
Gargaon College Teachers'
Unit

(Dr. Pakiza Begum)
Asst. Secy. (Women Cell)
Gargaon College Teachers'
Unit

Committee for the program

Media coverage (Link for YouTube, Newspaper cutting)

The news regarding the program has been published in several newspaper, it was live broadcasted in the college YouTube channel, the details of which are provided below.

Newspaper cutting:



Functions, felicitations mark International Women’s Day

STAFF CORRESPONDENT

JORHAT, March 9: Along with various other parts of Assam, International Women’s Day was celebrated at the Assam Women’s University (AWU) at a function held at Gargoihi here on Wednesday.

Dr Nazma Ahmed, an industrialist and advocate who is also chairperson of the Minority Women Empowerment, Assam, attended the function as the chief guest and talked about gender equality in connection with the theme ‘DigitALL: Innovation and technology for gender equality’.

Thereafter, Ipsita Rajkumari, business communication professional, delivered a lecture on the topic ‘Perspective – Debunking Myths’.

The university’s Vice Chancellor Dr Ajanta Borgohain Rajkumar, in her address, talked about the gender equality achieved through technological developments. She also released a handwritten magazine titled *Sudamani*.

Earlier, Rimlee Das, chairperson of AWU’s Women Development Cell, deliberated upon the significance of the International Women’s Day and welcomed the dignitaries to the day.

The Women Development Cell of the

university installed a ‘Drop-box’ in the Assam Women’s University campus for complaints related to sexual harassment, the faculty member stated.

10 women feted: Meanwhile, 10 women who have excelled in different spheres were felicitated at a function organised at the District Library auditorium here by the women and child development department and the Jorhat district administration to celebrate the International Women’s Day.

A district administration official informed that among the 10 women, one was felicitated by the social welfare officer and other officials at her residence as per the directive of Jorhat Deputy Commissioner (DC) Pulak Mahanta, as the recipient was not well.

Along with the DC, secretary-cum judicial officer of the District Legal Services Authority (DLSA) Devojyoti Bhuyan, member of Assam State Commission for Women Barnali Saikia Bora, member of District Child Welfare Committee Holima Hazelle, sub-divisional medical and health officer Dr Ratul Dutta, and officials and employees of the social welfare and women and child development department were among those who attended the function.

Doomdooma Correspondent adds: Tongna unit of the Dibrugarh Diocese

Catholic Women Association (DDCWA) celebrated the International Women’s Day at Tongna in Tinsukia district with a theme ‘Beti bachao beti paroo and bal bivah bandh karo’ on Wednesday. Nearly 1,000 women of the region participated in the celebration.

An awareness rally was taken out on the occasion. Women holding placards of *Beti Bachao, Beti Paroo, Bal bivah bandh karo, women Atyachar bandh karo*, participated in the rally. They also shouted slogans.

Later, a public meeting was organised.



Women taking out an awareness rally on the occasion of International Women’s Day at Tongna. – Photo: Correspondent

Addressing the gathering, Fr William Horo, Principal of Don Bosco School, Tongna, Marian Ekta, the president of the Catholic women association of Tongna (CWAT), Sr Preni SML, Sumita Lugun and Dipika Tanti spoke on various issues related to women.

Earlier, Flora Hans, the former president of the association, hoisted the flag. The day was also celebrated at Bir Raghav Moran Government Model (BRMGM) College, Doomdooma. On the occasion, the Women’s Cell of the college in collaboration with Innovation and Best Practices Cell organised a programme in the college, which was chaired by the principal of the college Dr Anorjit Saikia.

Dr Madhusmita Saikia, Senior Medical Officer of Dehing Tea Estate, Margherita attended the programme as the chief guest and delivered a lecture on ‘Menstrual Hygiene’.

On the other hand, the Assam College Teachers’ Association (ACTA), Tinsukia Zone celebrated the day at Doomdooma College. The meeting was chaired by the president of Tinsukia Zone of ACTA Jiewram Changmai, and was inaugurated by Dr Champra Rao Mohan, Vice-Principal of Doomdooma College and welcome speech was delivered by Moninala

Bora, president of the Teachers’ Unit of Doomdooma College.

Nazira Correspondent adds: The women cell, Gargoon College Teachers’ Unit (GCTU), in collaboration with the college’s IQAC women cell and NCC (army and naval) unit, organised a popular talk on the theme ‘The Role of Ideation, Innovation & Creativity in Entrepreneurship’ on the occasion of the International Women’s Day on Wednesday.

Inaugurating the programme, Gargoon College principal, Dr Sahyesshi Mahanta said that there is a need to eliminate gender-based discrimination and digital gender divide in order to strengthen democracy and bring about development of society. He opined that gender equality can be achieved by developing scientific thinking, increasing enrollment ratio of women, imparting training and providing technological facilities to all, among other initiatives.

Among the other guests of the programme were Dr Rina Hanjoo, vice-principal of the college, Manurama Phukan, president of GCTU, Dr Jru Saikia, executive member of ACTA, and Dr Sunaji Saikia, IQAC coordinator of the college. The programme was moderated by Nilakshi Chetia, head of the department of Assamese, Gargoon College.

10th March, 2023, Assam Tribune



'Gender equality can be achieved by bridging digital gender divide'

OUR CORRESPONDENT

SIVASAGAR, March 9: On the occasion of International Women's Day, the Women Cell, Gargaon College Teachers' Unit (GCTU) in association with Women Cell, IQAC and NCC (Army and Naval) Unit organized a popular talk on the theme 'The Role of Ideation, Innovation & Creativity in Entrepreneurship' in keeping with the theme of International Women's Day this year, which is DigitALL: Innovation & Technology for Gender Equality.

Dr Sanchaita Rajkhowa, a Computational Researcher working as an Assistant Professor in the Centre for Biotechnology and Bioinformatics, Dibrugarh University,

was invited as a resource person for the talk. The programme moderated by Nilakhi Chetia, Head of the department of Assamese, began with the lighting of the ceremonial lamp by the distinguished guests, followed by the objectives of the programme being enumerated by Dr Priyanka Tamuli, Assistant Professor, Department of Sociology, Gargaon College.

In his inaugural address, Principal of the college and eminent academician, Dr Sabyasachi Mahanta spoke on the need to achieve gender equality by removing gender-based discrimination. He added that in order to strengthen democracy and make economic progress, it is essential to achieve all-

inclusive development.

Further, he opined that the process of achieving gender equality requires the inclusion of transgenders, too.

Speaking on the significance of the theme of International Women's Day this year given by the UN, he said, "In order to bring about the development of the society and the world at large, we need to bring about gender equality by removing the digital gender divide and bridging the gap in terms of access to technological knowledge between the different genders, by developing scientific thinking, increasing enrolment ratio of women, by imparting training and providing facilities of technology to all, among other initiatives."

The resource person, Dr Sanchaita Rajkhowa, who has recently published two patents on Artificial Intelligence and has also received the best innovator award, in an effective and thought-provoking presentation, discussed the concept of ideation, the means of finding business ideas, the necessity of undertaking gap analysis and significance of entrepreneurial creativity. She also gave several instances of people from the north-eastern region who have emerged as successful entrepreneurs.

The other distinguished guests of the programme included Dr Rina Handique, Vice Principal of the college, Manurama Phukan, president of GCTU, and Dr Jitu Saikia, Executive Member of ACTA.

Guwahati English Edition

Mar 10, 2023 Page No. 6

গড়গাঁও কলেজত নাৰীৰ উদ্যমিতা বিষয়ত আলোচনা



শিৱসাগৰ, ৮ মাৰ্চ : ঐতিহ্যমণ্ডিত শিৱসাগৰ জিলাৰ গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটেৰ মহিলা কোষৰ উদ্যোগত, অভ্যন্তৰীণ মান নিৰূপণ কোষৰ মহিলা কোষ, আৰু এনটিচি গোটেৰ সহযোগত আজি আন্তঃৰাষ্ট্ৰীয় নাৰী দিবস উ পলক্ষে 'ডিজিট অ'ল : ইন'ভেশ্যন এণ্ড টেকন'লজি ফ'ৰ জেণ্ডাৰ ইকুৱেলিটি' শীৰ্ষক মূল বিষয়ত এখন বিশেষ বক্তৃতা অনুষ্ঠান অনুষ্ঠিত হৈ যায়। অভ্যন্তৰীণ মান নিৰূপণ কোষৰ মহিলা কোষৰ সমন্বয়ক তথা অসমীয়া বিভাগৰ মুৰব্বী অধ্যাপক নীলাক্ষি চেতিয়া ৮ পৃষ্ঠাত

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Women's Day

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Among the other guests of the programme were Dr Rina Handique, vice-principal of the college, Manurama Phukan, president of GCTU, Dr Jitu Saikia, executive member of ACTA, and Dr Surajit Saikia, IQAC coordinator of the college. The programme was moderated by Nilakhi Chetia, head of the department of Assamese, Gargaon College.

YouTube link:

<https://youtu.be/aLwA0aUEblQ>

<https://youtu.be/AQwX1o3MIuA>

<https://youtu.be/zF0pdAHaUJ8>

Number of Participants: 124

List of participants (Link for google form, excel or clear photograph of the register along with signature):

FACULTY

Program: Celebration of International Women's Day
Date: 08-03-23

- 1.
- 2.
3. Ais Ramananda Das. 8/3/2023
4. Dilip Kumar Das 8/3/23
5. Jitu Sekhri
7. Paban Gogoi
8. Pooja Gogoi
9. Balaram Das
10. Anjan Kumar Das
11. Arati Tanti
12. Koushik Das
13. Anurag Pratihari
14. Dr. Pratul Choudhary
15. Jyoti Das
16. Dr. Minto Gogoi
17. Dr. Meghali Bora
18. Dr. Pooja Konwar
19. Bhanu Pratihari
20. Dr. Anurag Pratihari
21. Paban J. Sarma
22. Anamika Das
23. Dr. Nilali B Konwar
24. Anshu Kumar
25. Monika Gogoi 08/03/2023
26. Pooja Kalita (08/03/2023)
27. Kirti Das (08/03/23)
28. Jyoti Das
29. Ritusha Tanti
30. RITUPAJ NEOG
31. Bikash Hazarika
32. Mohananda Tanti

FACULTY

33. Shanta Baruah
34. Anjire Goswami
35. Anu Gogoi
36. Jyotishman Lohan
37. Phasali Borah
38. Upama Saha
39. Devgani Rakhi
40. Dr. Anlene Datta
41. Dr. Anurag Pratihari
42. Dr. Jyoti Das
43. Anika Datta
44. Priyanka Jemli
45. Nishi Chel
46. Nehal Chel
47. Rakhi Das
48. Sangeeta Chel
49. Pooja Das
50. Anjali Das

STUDENTS

- International Women's Day Celebration. Date: 8-3-2023
1. Pooja Hahimura
 2. Nishita Gogoi
 3. Prastuti Paul
 4. Pooja Gogoi
 5. Chaynika Gogoi
 6. Jyoti Das
 7. Anurag Kalita
 8. Pooja Das
 9. Nishita Mili
 10. Manish Anurag Datta
 11. Sundar Choudhary
 12. Anurag Tiwari
 13. Satyabrata Raj Das
 14. Sudhakar Konwar
 15. Udit Das
 16. Pragyan Phulchowry
 17. Uday Bora
 18. Anurag Das
 19. Daxiana Konwar
 20. Lucky Baruah
 21. Anurag Gogoi
 22. Sonam Das
 23. Anurag Chel
 24. Pooja Chel
 25. Anurag Gogoi
 26. Anurag Das
 27. Smita Gogoi
 28. Tuhina Chel
 29. Rakhi Baruah
 30. Pooja Baruah
 31. Manali Baruah
 32. Anurag Baruah

STUDENT

- Date: 08-03-23
33. Anurag Gogoi
 34. Anurag Das
 35. Pooja Das
 36. Daxiana Baruah
 37. Pooja Gogoi
 38. Prastuti Choudhary
 39. Daxiana Konwar
 40. Anurag Gogoi
 41. Rakhi Das
 42. Anurag Das
 43. Pooja Choudhary
 44. Anurag Choudhary
 45. Anurag Datta
 46. Anurag Das
 47. Anurag Gogoi
 48. Anurag Das
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 65. Anurag Das
 66. Anurag Das

STUDENT

Date: 02-02-23

67. Jense Gogoi
68. Kankonli Bokuah
69. Ropakra Oungghain
70. Goni Kikhi
71. Janshukla Saikia
72. Karaka Bhowani
73. Anika Gogoi
74. Dibhrajyoti Gogoi
75. Kaka Jyoti Anandhara
76. Mousum Gogoi

Sl. No. 5

1. **Name of the program:** Book on Women
2. **Date:** May, 2023
3. **Organized by:** Women Cell (GCTU) and Publication Cell, Gargaon College
4. **Nature of Activity:** Book Publish
5. **Number of participants:** 37
6. **Objective of the Program:** Foster empathy and understanding between genders
7. **Brief report of the program:**

“Women do not need to find a voice, they have a voice and they need to feel empowered to use it, and people need to be encouraged to listen.”

– Meghan Markle

With government's commitment to social justice, giving workforces and employers a voice, and promoting gender equality; it is time to look back, to take stock and to look forward. With this objective, an effort has been put forward to what role have women and women's issues played in the long history, what can we learn from past to understand the present, and how can we use this knowledge to help shape a future of work that delivers on decent work for both women and men. This collective volume provides an important contribution to these reflections and much of it devoted to advancing and empowering women; about their talents, their skills and abilities, as well as the disparities, violence and prejudices that still characterize the female world.

Women comprises nearly two-thirds of total work globally (including household duties), accomplish one-third of the formal labour force, but receive one-tenth of the world's income and own only one-hundredth of the world's property. As women represent almost half of the world's total population, their role in development process is inseparable.

Although our Vedas tell us that women held an important place in ancient culture and no all our gods are worshipped alongside their heavenly consorts. No contradiction is there, no one questions this and it is not considered a sign of weakness to bow to female deities. Women at home and society in general, are a different cup of tea and treated as second class citizens. However, in recent years the position of women in modern India has changed considerably which is determined by the health status, one's decision-making ability, educational status, etc. For establishing strong civilizations, equal rights and equal status for women are a vital aspect. Still a number of issues and aspects need consideration.

Studies on such issues will help a nation to prosper and create valuable civilizations. Education, new economic opportunities, active role in politics can make them economically independent, empowered and make them aware of their rights and responsibilities. Gender equality in every sphere and also increase participation in economic activities is truly essential for the inclusive growth of the women as a whole.

This book on Women's Wellbeing: Inclusive and Sustainable Growth is designed as a research aid for wellbeing of women and inclusive development, would be immensely useful for the purpose. It is also a good read and a fine reference work for anyone who want to work on women related issues. The book comprises of 38 Chapters, featuring in-depth discussions on relevant topics such as working-class women, gender theories, etc. which are rationally arranged to introduce and explore multidisciplinary approaches on women. This book is focused on field based primary data, secondary data as well as theory. It summarizes some specific problem and developed some great potential for solving problems. This publication is an ideal resource for academicians, students, and researchers that are interested in learning more about the current challenges to the women's rights movement, and how to best combat them. This book focuses women in diverse field like politics, entrepreneurship, provision for protection of women rights; explores current status of women such as fertility behaviours of women, trends of adolescent fertility, anxiety and depression among girls, women in India@75, socio-economic conditions, health status of women and issues of women is discussing from historical perspectives.

Offering a diversity perspective, this book "Women's Wellbeing: Inclusive and Sustainable Growth" is of great interest to academics and practitioners working in teaching and research in disciplines including business management, organizational change, entrepreneurship, human centered management, sustainable development, human resources and women's studies. This book emphasizes on using simple and clear language which seeking for reader's attention. Suggestion for the further improvement of the book will be gratefully received. The editors are grateful to the authority of Gargaon College, Gargaon College Teacher's Unit and Bhabani publications, for showing keen interest in publishing this book. The book was edited by Dr. Pakiza Begum, Dr. Pimily Langthasa and Dr. Priyanka Tamuli; the chief advisor for the same was Dr. Sabyasachi Mahanta.

8. Rationality of the program:

Towards collective contribution to the broader goal of promoting gender equality, celebrating women's achievements and creating a more inclusive and equitable world for everyone.

9. Media Coverage:

a. Facebook:

b. YouTube link (if any):

10. Newspaper cutting:

গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটৰ উদ্যোগত কুইজ প্ৰতিযোগিতা সম্পন্ন

অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডলৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন

শিৱসাগৰ, ২৬ আগষ্ট : শিৱসাগৰৰ অন্যতম উচ্চ শিক্ষানুষ্ঠান গড়গাঁও মহাবিদ্যালয়ত ছাত্ৰ-ছাত্ৰীসকলক শৈক্ষিক দিশৰ সপ্তম বৰ্তমান প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে। মহাবিদ্যালয়ৰ শৈক্ষিক শ্ৰেণীসমূহত আয়োজিত কুইজ প্ৰতিযোগিতামূলক মহাবিদ্যালয়ৰ শিক্ষক গোটৰ উদ্যোগত আৰম্ভ কৰা হৈছে।

মঞ্চৰ সন্মুখভাগত অনুষ্ঠিত হয়। মুঠ যোৱাটো দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতামূলক পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক পেনাৰিট মনোজ কলিত। তেওঁক সহযোগিতা কৰে আন এগৰাকী কুইজ পৰিচালক বৰিষিত কলিত। ভাৰতীয় জ্ঞান বাৰুহাক মূল বিষয় হিচাপে লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাৰ্ণাটী বিজ্ঞান বিভাগৰ 'চৰাইটে' দলৰ ৰহন বিনিক আৰু দৰ্শনা 'চুফাৰা' দলৰ দীপাৰিতা বৰপাৰাগোহাঁই আৰু কৰন বৈজয়বৰ্মা, তৃতীয় স্থানত থাকে তৃত্ব বিভাগৰ 'কাৰ্বেম' দলৰ বৰ্ণিত ৰহন মহন্ত

বিজ্ঞান, তৃত্ব বিভাগৰ 'কাৰ্বেম' দলৰ বৰ্ণিত ৰহন মহন্ত আৰু কৌতৰমণি কুঞ্জাই তৃত্বীয় স্থান দখল কৰে। গড়গাঁও মহাবিদ্যালয়ৰ ছাত্ৰ-ছাত্ৰীসকলক শৈক্ষিক দিশৰ সপ্তম বৰ্তমান প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

কুইজ প্ৰতিযোগিতাৰ উদ্যোগত প্ৰস্তুত কৰা এখন গবেষণামূলক গ্ৰন্থ 'বমেন'ৰে বেলিং ইংলিছ এণ্ড ছায়েন্সেস'ৰ উন্মোচন কৰা হৈছে। প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

কৰা বহুতা অনুষ্ঠিত সফলতা লাভ কৰা শিক্ষার্থীসকলক পুৰস্কাৰ বিতৰণ কৰা হয়। প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটৰ উদ্যোগত কুইজ প্ৰতিযোগিতা সম্পন্ন

অসম কলেজ সংস্থাৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন

শিৱসাগৰ, ২৬ আগষ্ট : শিৱসাগৰৰ অন্যতম উচ্চ শিক্ষানুষ্ঠান গড়গাঁও মহাবিদ্যালয়ত ছাত্ৰ-ছাত্ৰীসকলক শৈক্ষিক দিশৰ সপ্তম বৰ্তমান প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে। মহাবিদ্যালয়ৰ শৈক্ষিক শ্ৰেণীসমূহত আয়োজিত কুইজ প্ৰতিযোগিতামূলক মহাবিদ্যালয়ৰ শিক্ষক গোটৰ উদ্যোগত আৰম্ভ কৰা হৈছে।

মঞ্চৰ সন্মুখভাগত অনুষ্ঠিত হয়। মুঠ যোৱাটো দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতামূলক পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক পেনাৰিট মনোজ কলিত। তেওঁক সহযোগিতা কৰে আন এগৰাকী কুইজ পৰিচালক বৰিষিত কলিত। ভাৰতীয় জ্ঞান বাৰুহাক মূল বিষয় হিচাপে লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাৰ্ণাটী বিজ্ঞান বিভাগৰ 'চৰাইটে' দলৰ ৰহন বিনিক আৰু দৰ্শনা 'চুফাৰা' দলৰ দীপাৰিতা বৰপাৰাগোহাঁই আৰু কৰন বৈজয়বৰ্মা, তৃতীয় স্থানত থাকে তৃত্ব বিভাগৰ 'কাৰ্বেম' দলৰ বৰ্ণিত ৰহন মহন্ত

বিজ্ঞান, তৃত্ব বিভাগৰ 'কাৰ্বেম' দলৰ বৰ্ণিত ৰহন মহন্ত আৰু কৌতৰমণি কুঞ্জাই তৃত্বীয় স্থান দখল কৰে। গড়গাঁও মহাবিদ্যালয়ৰ ছাত্ৰ-ছাত্ৰীসকলক শৈক্ষিক দিশৰ সপ্তম বৰ্তমান প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

কুইজ প্ৰতিযোগিতাৰ উদ্যোগত প্ৰস্তুত কৰা এখন গবেষণামূলক গ্ৰন্থ 'বমেন'ৰে বেলিং ইংলিছ এণ্ড ছায়েন্সেস'ৰ উন্মোচন কৰা হৈছে। প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

কৰা বহুতা অনুষ্ঠিত সফলতা লাভ কৰা শিক্ষার্থীসকলক পুৰস্কাৰ বিতৰণ কৰা হয়। প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিষ্কাৰ কৰি হোলক মানসেৰে এখন আত্ম বিকাশ কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হৈছে।

Quiz Competition on Indian Knowledge System and book release event held at Gargaon College

Khairuddin Ahmed Sivasagar, Aug 27: The Gargaon College Teacher's Unit (GCTU), in collaboration with the Assam College Teacher's Association (ACTA), Sivasagar Zone, organised an inter-departmental quiz competition on the Indian Knowledge System among the students of Gargaon College on August 26. The event was organised to promote the values concerning Indian Knowledge System and its rich heritage among the students.



The quiz master Naboyoti Barali moderated the event with dexterity. A total of 16 teams from 16 different departments participated in the event. After a rigorous screening round, six teams were selected for the final round. Ranjan Khanikar and Dorsana Phukan of the Department of Political Science bagged the first prize. The second prize went to Dipwanita Borpatragohain and Kongkon Bezbaruah of the English Department, and the third prize was given to Borhabh Ranjan Mahanta and Kaustavmoni Bhuyan of the Geology Department. The valedictory ceremony was chaired by Dr. Monjumoni Gogoi and graced by the Principal of Gargaon College, Dr. Sabyasachi Mahanta, Vice Principal, Dr. Rina Handique, General Secretary of ACTA, Sivasagar Zone, Dr. Ranu Gohain, General Secretary of ACTA, Education Cell, Pranjal Gogoi, President of ACTA, Sivasagar Zone, Pabitra Bora, Vice President, ACTA, Sivasagar Zone, Dr. Jitu Salkia, and General Secretary, ACTA, Sivasagar Zone, Dr. Ramen Kalita, President of GCTU, Manorama Phukan and other dignitaries.

In his deliberation, noted academic, speaker, and poet Dr. Sabyasachi Mahanta highly praised the organizers' initiative for the all-round development and infotainment of the students. Dr. Mahanta also released the research journal of ACTA, Sivasagar Zone 'Panchajanya' edited by Dr. Biman Chandra Bora and Banora Buragohain. Another book titled 'Women's Well-Being: Inclusive and Sustainable Growth' edited by Dr. Pakiza Begum, Pimly Langthasha, and Dr. Priyanka Tamuli was also released at the event by Pabitra Bora. The invited office-bearers of ACTA enlivened the initiative of the host Gargaon College in organising the quiz competition event for the students. Dr. Anjan Komar anchored the valedictory session, and Dr. Biharam Das offered a vote of thanks.

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গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটৰ উদ্যোগত কুইজ প্ৰতিযোগিতা সম্পন্ন

অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডলৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন

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মঞ্চৰ সন্মুখভাগত অনুষ্ঠিত হয়। মুঠ যোৱাটো দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতামূলক পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক পেনাৰিট মনোজ কলিত। তেওঁক সহযোগিতা কৰে আন এগৰাকী কুইজ পৰিচালক বৰিষিত কলিত। ভাৰতীয় জ্ঞান বাৰুহাক মূল বিষয় হিচাপে লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাৰ্ণাটী বিজ্ঞান বিভাগৰ 'চৰাইটে' দলৰ ৰহন বিনিক আৰু দৰ্শনা 'চুফাৰা' দলৰ দীপাৰিতা বৰপাৰাগোহাঁই আৰু কৰন বৈজয়বৰ্মা, তৃতীয় স্থানত থাকে তৃত্ব বিভাগৰ 'কাৰ্বেম' দলৰ বৰ্ণিত ৰহন মহন্ত

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পৰিচালক

অঞ্চল

শিৱসাগৰ

মণ্ডল

গড়গাঁও

মহাবিদ্যালয়

শৈক্ষিক

গোটৰ

উদ্যোগত

কুইজ

প্ৰতিযোগিতা

সম্পন্ন

অসম

কলেজ

সংস্থাৰ

শিৱসাগৰ

মণ্ডলৰ

গৱেষণা

পত্ৰিকা

'পাঞ্চজন্ম'


উন্মোচন

ধনশিৰিৰ ওপৰৰ নিৰ্মাণমান ওখনকে দলঙে নিৰ্ণয়ক ভূমিকা পালন কৰিব।

গড়গাঁও মহাবিদ্যালয়ত কুইজ প্ৰতিযোগিতা

আমাৰ অসমৰ শিৱসাগৰৰ ষ্টাফ বিপটীৰ, ২৭ আগষ্ট ৪ গড়গাঁও মহাবিদ্যালয়ত ছাত্ৰ-ছাত্ৰীসকলৰ শৈক্ষিক দিশৰ লগতে বৰ্তমানৰ প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ফালৰ পৰা পৰিপূৰ্ণ কৰি তোলাৰ মানসেৰে এখন আন্তঃবিভাগ কুইজ প্ৰতিযোগিতাৰ অনুষ্ঠিত কৰা হয়। মহাবিদ্যালয়খনৰ শৈক্ষিক প্ৰেক্ষাগৃহত আয়োজিত কুইজ প্ৰতিযোগিতাখন মহাবিদ্যালয়খনৰ শিক্ষক গোটৰ উদ্যোগত আৰু অসম কলেজ শিক্ষক সংস্থা, শিৱসাগৰ মণ্ডলৰ সহযোগত অনুষ্ঠিত হয়। মুঠ ১৬টা দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতাখন পৰিচালনা কৰে সোণাৰিৰ নৱজ্যোতি ভৰালীয়ে। তেওঁক সহযোগ কৰে ৰবিজিত বৰুৱাই। ভাৰতীয় জ্ঞান ব্যৱস্থাক মূল বিষয় লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে ৰাজনীতি বিজ্ঞান বিভাগৰ 'চৰাইদেউ' দলৰ ৰঞ্জন খনিৰুৰ আৰু দৰ্শনা ফুকনে, দ্বিতীয় স্থানত থাকে ইংৰাজী বিভাগৰ 'চুকাফা' দলৰ দ্বীপাহিতা বৰপাত্ৰগোহাঁই আৰু কংকন বেজবৰুৱা, তৃতীয় স্থানত থাকে ভূ-তত্ত্ব বিভাগৰ 'কাৰেংঘৰ' দলৰ বৰ্ণভ ৰঞ্জন মহন্ত আৰু কৌন্তভমণি ভূঞা। এইদৰে কুইজ প্ৰতিযোগিতা আয়োজনৰ দৰে গঠনমূলক পদক্ষেপ লোৱা শিক্ষক গোটক মহাবিদ্যালয়খনৰ অধ্যক্ষ ড° সব্যসাচী মহন্তই বিশেষভাৱে প্ৰশংসা কৰে। কুইজ প্ৰতিযোগিতাৰ শেষত অনুষ্ঠিত সামৰণী অনুষ্ঠানত সভাপতিত্ব কৰে অধ্যাপিকা ড° মঞ্জুমণি গগৈয়ে। ড° ৰীণা সন্দিকৈ, অসম কলেজ শিক্ষক সংস্থাৰ শিৱসাগৰ মণ্ডলৰ সভাপতি পৰিত্ৰ বৰা, উপ-সভাপতি ড° জিতু শইকীয়া, সম্পাদক ড° ৰমেন কলিতা, অসম কলেজ শিক্ষক সংস্থাৰ কেন্দ্ৰীয় সমিতি প্ৰচাৰ সম্পাদক ড° ৰবু গৌহাঁই, শৈক্ষিক সম্পাদক ড° প্ৰাঞ্জল গগৈ, গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ সভাপতি মনোৰমা ফুকনকে ধৰি কেইবাজনো গণ্য-মান্য ব্যক্তি উপস্থিত থাকে। এই অনুষ্ঠানতে অসম কলেজ শিক্ষক সংস্থাৰ শিৱসাগৰ মণ্ডলৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্য' উন্মোচন কৰা হয়। গড়গাঁও মহাবিদ্যালয়ৰ অধ্যক্ষ ড° সব্যসাচী মহন্তই উন্মোচন কৰা পত্ৰিকাখন সম্পাদনা কৰে ড° বণিকা বুঢ়াগোহাঁই আৰু ড° বিমান চন্দ্ৰ বৰাই। অনুষ্ঠানতে গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ মহিলা কোষৰ উদ্যোগত প্ৰস্তুত কৰা এখন গৱেষণামূলী প্ৰস্থ 'ৱমেনছ ৱেল বিং ইকুচিভ এণ্ড চাজটেনেবুল গ্ৰ'থ' উন্মোচন কৰা হয়। অসম কলেজ শিক্ষক সংস্থাৰ শৈক্ষিক সম্পাদক ড° প্ৰাঞ্জল গগৈ আৰু শিৱসাগৰ মণ্ডলৰ সভাপতি পৰিত্ৰ বৰাই উন্মোচন কৰা গ্ৰন্থখন সম্পাদনা কৰে ড° পাকিজা বেগম, পিমলি লাংখাছা আৰু ড° প্ৰিয়ংকা তামূলীয়ে। অনুষ্ঠানত কুইজ প্ৰতিযোগিতাত সফলতা লাভ কৰা শিক্ষার্থীসকলক পুৰস্কাৰ বিতৰণ কৰাৰ উপৰি মহাবিদ্যালয়খনৰ বিজ্ঞান মঞ্চৰ দ্বাৰা বিশ্ৰু পৰিৱেশ দিৱসত অনুষ্ঠিত কৰা বহুতা অনুষ্ঠানত সফলতা লাভ কৰা শিক্ষার্থীসকলকো পুৰস্কাৰ বিতৰণ কৰা হয়। প্ৰতিযোগিতাখন সফলভাৱে সম্পন্ন হোৱাৰ বাবে গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ সভাপতি মনোৰমা ফুকন আৰু সম্পাদক ড° অঞ্জন কৌৱৰে অধ্যক্ষকে প্ৰমুখ্য কৰি মহাবিদ্যালয়ৰ পৰিয়াল, অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডল তথা প্ৰতিযোগিতাত সহযোগিতা কৰা সকলোকে ধন্যবাদ জনায়। সামৰণী অনুষ্ঠানৰ শেষত শলাগৰ শৰাই আগবঢ়ায় ইতিহাস বিভাগৰ সহকাৰী অধ্যাপক ড° বলোৰাম দাসে।


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WOMEN'S WELL-BEING

Inclusive and Sustainable Growth

EDITORS
Dr. Pakiza Begum
Ms. Pimily Langthasa
Dr. Priyanka Tamuli

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গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটৰ উদ্যোগত কুইজ প্রতিযোগিতা সম্পন্ন

অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডলৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন

নিয়মীয়া বাৰী, শিৱসাগৰ, ২৬ আগষ্ট : শিৱসাগৰৰ অন্যতম উচ্চ শিক্ষানুষ্ঠান গড়গাঁও মহাবিদ্যালয়ত ছাত্ৰ-ছাত্ৰীসকলে শৈক্ষিক দিশৰ সূচনাত বৰ্তমানৰ প্ৰতিযোগিতামূলক সময়ত তেওঁলোকক সকলো ক্ষেত্ৰৰ পৰা পৰিপূৰ্ণ কৰি তোলাৰ মানসেৰে এখন আন্তঃবিভাগীয় কুইজ প্ৰতিযোগিতা আয়োজিত কৰা হ'ব। মহাবিদ্যালয়খনৰ শৈক্ষিক শ্ৰেণীসমূহত আয়োজিত কুইজ প্ৰতিযোগিতাৰ মাহেবিদ্যালয়ৰ শিক্ষক গোটৰ উদ্যোগত আৰু অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডলৰ সহযোগত অনুষ্ঠিত হ'ব। মুঠ ছোৱাটা দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতাখন পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক সোণাৰি মনোজ্যোতি ডৰাইয়ে। তেওঁক সহযোগ কৰে আন এগৰাকী কুইজ পৰিচালক বৰিজিত বৰকাই। 'ভাৰতীয় জ্ঞান ব্যৱস্থাক মূল বিষয় লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাজনাতি বিভাগৰ 'চৰাইদেউ' দলৰ ৰজন বনিকৰ আৰু দৰ্শনা ফুকনে, দ্বিতীয় স্থানত থাকে ইবাৰ্জী বিভাগৰ 'চাকামা' দলৰ দীপাৰিতা বৰপাত্ৰগোহাঁই আৰু কবিন বেজবৰুৱা, তৃতীয় স্থানত থাকে তৃতীয় বিভাগৰ 'কাৰেংঘৰ' দলৰ বৰ্ণিত ৰজন মহন্ত মণ্ডলৰ সহযোগত অনুষ্ঠিত হ'ব। মুঠ ছোৱাটা দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতাখন পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক সোণাৰি মনোজ্যোতি ডৰাইয়ে। তেওঁক সহযোগ কৰে আন এগৰাকী কুইজ পৰিচালক বৰিজিত বৰকাই। 'ভাৰতীয় জ্ঞান ব্যৱস্থাক মূল বিষয় লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাজনাতি বিভাগৰ 'চৰাইদেউ' দলৰ ৰজন বনিকৰ আৰু দৰ্শনা ফুকনে, দ্বিতীয় স্থানত থাকে ইবাৰ্জী বিভাগৰ 'চাকামা' দলৰ দীপাৰিতা বৰপাত্ৰগোহাঁই আৰু কবিন বেজবৰুৱা, তৃতীয় স্থানত থাকে তৃতীয় বিভাগৰ 'কাৰেংঘৰ' দলৰ বৰ্ণিত ৰজন মহন্ত

গড়গাঁও মহাবিদ্যালয়ত শিক্ষক গোটৰ উদ্যোগত কুইজ প্রতিযোগিতা সম্পন্ন

অসম কলেজ সংস্থাৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন

শিৱসাগৰ : এজন প্ৰতিবেদক, ২৬ আগষ্ট : শিৱসাগৰৰ অন্যতম উচ্চ শিক্ষানুষ্ঠান গড়গাঁও মহাবিদ্যালয়ত এখন আন্তঃবিভাগীয় কুইজ প্ৰতিযোগিতা অনুষ্ঠিত কৰা হয়। মুঠ ছোৱাটা দলে অংশগ্ৰহণ কৰা প্ৰতিযোগিতাখন পৰিচালনা কৰে প্ৰখ্যাত কুইজ পৰিচালক সোণাৰি মনোজ্যোতি ডৰাইয়ে। তেওঁক সহযোগ কৰে আন এগৰাকী কুইজ পৰিচালক বৰিজিত বৰকাই। 'ভাৰতীয় জ্ঞান ব্যৱস্থাক মূল বিষয় লৈ আয়োজিত প্ৰতিযোগিতাত প্ৰথম স্থান লাভ কৰে বাজনাতি বিভাগৰ 'চৰাইদেউ' দলৰ ৰজন বনিকৰ আৰু দৰ্শনা ফুকনে, দ্বিতীয় স্থানত থাকে ইবাৰ্জী বিভাগৰ 'চাকামা' দলৰ দীপাৰিতা বৰপাত্ৰগোহাঁই আৰু কবিন বেজবৰুৱা, তৃতীয় স্থানত থাকে তৃতীয় বিভাগৰ 'কাৰেংঘৰ' দলৰ বৰ্ণিত ৰজন মহন্ত আৰু কৌন্তভমণি ডুৱাৰ। এইদৰে কুইজ প্ৰতিযোগিতা আয়োজনৰ দৰে গঠনমূলক পদক্ষেপ লোৱা শিক্ষক গোটক মহাবিদ্যালয়খনৰ অধ্যক্ষ তথা বিশিষ্ট শিক্ষাবিদ, নিবন্ধকাৰ ড° সৰ্বসাতী মহন্তই বিশেষভাৱে প্ৰশংসা কৰে। কুইজ প্ৰতিযোগিতাৰ শেষত এক সামৰণী অনুষ্ঠানে অনুষ্ঠিত হয়। গড়গাঁও মহাবিদ্যালয়ৰ জ্যেষ্ঠ অধ্যাপিকা ড° মঞ্জুমাণি গগৈয়ে সভাপতিত্ব কৰা অনুষ্ঠানত মহাবিদ্যালয়খনৰ অধ্যক্ষ ড° সৰ্বসাতী মহন্ত, উপাধ্যক্ষ ড° বীণা সন্দিকৈ, অসম কলেজ শিক্ষক সংস্থাৰ শিৱসাগৰ মণ্ডলৰ সভাপতি পৱিত্ৰ বৰা, উপ সভাপতি ড° জিতু শইকীয়া, সম্পাদক ড° ৰমেন কলিতা, অসম কলেজ শিক্ষক সংস্থাৰ কেন্দ্ৰীয় সমিতিৰ বিষয়-ববীয়া প্ৰচাৰ সম্পাদক ড° বণ্টু গোহাঁই, শৈক্ষিক সম্পাদক ড° প্ৰাঞ্জল গগৈ, গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ সভাপতি মনোৰমা ফুকনকে ধৰি কেইবাখনো গণ্যমান্য ব্যক্তি উপস্থিত থাকে। এই অনুষ্ঠানতে অসম কলেজ শিক্ষক সংস্থাৰ শিৱসাগৰ মণ্ডলৰ গৱেষণা পত্ৰিকা 'পাঞ্চজন্ম' উন্মোচন কৰা হয়। গড়গাঁও মহাবিদ্যালয়ৰ অধ্যক্ষ ড° সৰ্বসাতী মহন্তই উন্মোচন কৰা পত্ৰিকাখন সম্পাদনা কৰে ড° বনিকা বুঢ়াগোহাঁই আৰু ড° বিমান চন্দ্ৰ বৰাই। অনুষ্ঠানতে গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ মহিলা কোষৰ উদ্যোগত প্ৰস্তুত কৰা এখন গবেষণাধৰ্মী গ্ৰন্থ 'ৰমেনই ৰেলিং এণ্ড ছাষ্টেনেবুল গ্ৰন্থ' উন্মোচন কৰা হয়। অসম কলেজ শিক্ষক সংস্থাৰ শৈক্ষিক সম্পাদক ড° প্ৰাঞ্জল গগৈ আৰু শিৱসাগৰ মণ্ডলৰ সভাপতি পৱিত্ৰ বৰাই উন্মোচন কৰা গ্ৰন্থ 'ৰমেনই ৰেলিং এণ্ড ছাষ্টেনেবুল গ্ৰন্থ' উন্মোচন কৰা হয়। প্ৰতিযোগিতাখন সফলভাৱে সম্পন্ন হোৱাৰ বাবে গড়গাঁও মহাবিদ্যালয়ৰ শিক্ষক গোটৰ সভাপতি মনোৰমা ফুকন আৰু সম্পাদক ড° অঞ্জন কোঁৱৰে অধ্যক্ষক প্ৰমুখ্য কৰি মহাবিদ্যালয়ৰ পৰিচালক, অসম কলেজ সংস্থাৰ শিৱসাগৰ মণ্ডল তথা প্ৰতিযোগিতাত সহযোগিতা কৰা সকলোকে ধন্যবাদ জনায়। শলাগৰ শৰাই আগবঢ়ায় ইতিহাস বিভাগৰ সহকাৰী অধ্যাপক ড° ৰলোবাম দাসে।

13. List of participants (should be photo of register or link for google sheet if taken in google form):

Google sheet link:

Name	Designation	Paper Title
Harekrishna Mili	Assistant Professor	ভাৰতৰ বিশিষ্ট মহিলা গণিতজ্ঞ
SHUMITA THAUSEN	Assistant Professor	Women Health Issues and it's Significance: An Overview
Jayanta Sonowal	Assistant Professor	Feminisation of Ageing in India
Dr. Archana Deka	ICMR Research Associate	Insights into the challenges faced by women researchers in STEM workforce: A case study
Snigdha Choudhury	Research scholar	NEP2020's contribution towards women's progressive growth in society
Rimjim Talukdar	Student of Gauhati University	Under-Representation of Women in Indian Politics: A Critical Perspective
Romero D'Souza	Academic Reseacher (Gold Medalist, MA in Education & Alumnus 2022) Assam Don Bosco University, Assam - India	Role of Education in Women Empowerment
Parishmita Kakoti	PG Guest Faculty	Role of Education in Women Empowerment
Dipika Saikia	Student	Problems encountered by working women in India
Monikha Gogoi	Guest Faculty	Role of Education In Women Empowerment
Nomami Dutta	Assistant Professor	Issues of Work Life balance of Female Healthcare Professionals- A Extract from Literature Review:
Dr Sangita Bharati	Assistant Professor	
Dr Gitashri Arandhara	Assistant professor	India @75: The Journey of Woman Empowerment
Shomkai Manham	Assistant Professor	Social Status and Traditional Practices of Wancho Woman
Dr. Saheen Shehnaz Begum	Asst Prof	
Ankika Dutta	Assistant professor	Levels and Trends of Adolescent Fertility
Sandeepa Agarwalla	Assistant Professor,	Women and Health: A Brief Review on

	Department of Botany, Gargaon College	the Disorders related to Menstruation
Sujata Goala and Dr. Kabita Phukon	Assistant professor	A Brief Survey on Anxiety and Depression Among Girls: An overview
Purabi Gogoi	Assistant Professor	A Socio-Economic Study on Deori Tribe of Assam
YUVARAJ GOGOI	Assistant Professor	Ecofeminism: Theory and practice
DR. SHYAMOLIMA SAIKIA	ASSISTANT PROFESSOR	IMPACT OF CLIMATE CHANGE ON WOMEN
Dr. Anurag Protim Das	Assistant Professor	EMPOWERING WOMEN THROUGH EDIBLE MUSHROOM INDUSTRY
Dr. Dipti Saikia	Assistant professor	Role of Education in Women Empowerment
Reetamoni Kakati	Associate Professor	The Role Conflict of Working Women: A Sociological Study
Devajani Bakalial	Assistant Professor	জ্যোতিপ্ৰসাদ আগৰৱালাৰ নাটকৰ নাৰী চৰিত্ৰৰ শিল্পীসত্তা: এটি অধ্যয়ন
Jesmina Begum	Student	Feminism Values in Emily Dickinson's Selected Poems

14. Links:

Full book

<https://drive.google.com/file/d/1iu27nNjRtE0wdhCbZweHz3w3xF-3cVSS/view?usp=sharing>

15. Any other:

Sl. No. 6

- p) **Name of the workshop /seminar/conference:** World Blood Donor Day
- q) **Related to:** Importance of Blood Donation
- r) **Date (From-to):** 14th June, 2023
- s) **Organized by:** 11 Assam Girls (I) Coy NCC, 49 Assam Naval Unit NCC, IQAC, NSS and Women Cell (GCTU)
- t) **Nature of Activity:** Webinar
- u) **Name of the Resource Person(s):** Dr. Alakhya Baruah, MD (AM), Medical Practitioner, a renowned theatre personality and Vice Chairman of Assam State Film Finance and Development Corporation
- v) **Rationality of the program**

The primary objective of this day is to raise awareness about the importance of safe blood donation and to express gratitude to voluntary, unpaid blood donors for their life-saving gifts of blood. It also provides opportunity to engage a diverse audience and contribute to the ongoing efforts to maintain a robust and safe blood supply worldwide.

w) **Brief report of the program (100-250 words)**

Gargaon College celebrated World Blood Donor Day on 14th June, 2023 to raise awareness about the importance of safe blood donation voluntarily. To commemorate World Blood Donors Day, an online awareness programme was organized by 11 Assam Girls (I) Coy NCC, 49 Assam Naval Unit NCC, IQAC, NSS and Women Cell (GCTU). The resource person of the programme was Dr. Alakhya Baruah, MD (AM), Medical Practitioner, a renowned theatre personality and Vice Chairman of Assam State Film Finance and Development Corporation.

The programme was inaugurated by renowned academician and Principal of Gargaon College, Dr. Sabyasachi Mahanta. In his inaugural address, Dr. Mahanta spoke on the importance of donating blood as blood is the most precious gift that anyone can give to another person – the gift of life. He narrated how as an active member of Red Cross Society; he has been donating blood countless times. Talking about the importance of the day, he gave an insight on the theme of this year “Give Blood, Give Plasma, Share Life, Share Often” which focuses on patients requiring life-long transfusion support and underlines the role every single person can play, by giving the valuable gift of blood or plasma. He urged people to stay away from the myths related to blood donation and explained how giving blood may help our body's detoxing potential. He encouraged the people to donate blood and contribute to the well being of not only the family, but also of the society as a whole.

The resource person, Dr. Alakhya Baruah explained how transfusing or donating blood or its components to the needy person has become very important part of humanity in the modern health care system. Accentuating the importance of blood donation, he talked about Eligibility Criteria for Blood Donation: age should be between 18 and 60 years, haemoglobin - not less than 12.5 g/Dl, pulse - between 50 and 100/minute with no irregularities, Blood Pressure -Systolic 100-180 mm Hg and Diastolic 50 - 100 mm Hg, Temperature - Normal (oral temperature not exceeding 37.5°C and body weight - not less than 50 kg. In some medical conditions like cancer, HIV, Hepatitis B and C, patients can donate only after being cured completely. Tattooed people can donate after six months as they might have some kind of infection from the needle. He emphasized that people with high Hb count (more than 16 g/Dl) should clinically control blood thickness as it could cause some serious diseases like

heart attack or stroke, and blood cancers (such as lymphomas or leukaemia). They should therefore seek proper medical help, he added. For those with lower blood count, he stressed the need to consume iron rich food. He said that during a regular donation, one can give around 470 ml of whole blood and our body replaces this volume within 24 to 48 hours, and replenishes red blood cells in 10 to 12 weeks. He further emphasized that one should donate blood at least 2-3 times a year since it can help maintain a healthy heart and overall good health.

The significant outcomes were highlighted towards the end of the webinar with a Vote of Thanks, delivered by CTO, NCC, 11 Assam Girls Coy (I), Ms. Pimily Langhtasa. The webinar, moderated by Dr. Raktim Patar, CTO, 49 Assam Naval, concluded with a thought-provoking question and answer session where the expert answered the queries of the participants. The programme was attended by faculty, students and NCC Cadets of Gargaon College.

Links to google form for registration

<https://forms.gle/6m1A7X7fFAxBbiq5A>

Attendance list

Number of participants: 42

Sl. No.	Name	Institution	Blood group
1.	Ankita Gogoi	Gargaon college	B ⁺
2.	Gargaon College	Gargaon college	B ⁺
3.	Anushka Devi	Gargaon college	O ⁺
4.	Boishali Boruah	Gargaon College	A ⁺
5.	Papori Hatmuria	Gargaon college	B ⁺
6.	Dr. Dimbeshwar Das	Gargaon College	O ⁺
7.	Yuvaraj Gogoi	Gargaon College	O ⁺
8.	Luit Jyoti Moran	Gargaon College	O ⁺
9.	Sahida Rohman	Gargaon Collage	O ⁺
10.	Pakiza Begum	Gargaon College	AB ⁺
11.	Pimily Langhtasa	Gargaon College	O ⁺
12.	Dr. Rashmi Dutta	Gargaon College	O ⁺
13.	Sandeepa Agarwalla	Gargaon College	AB ⁺
14.	Dr. Anurag Protim Das	Gargaon College	O ⁺
15.	Lucky Bailung	BA 3 rd sem	A ⁺
16.	Nilakhi Chetia	Gargaon College	A ⁺
17.	Himashree Borgohain	Gargaon College	B ⁺

18.	Bikash	Gargaon college	B ⁺
19.	Swagata Sagar Das	Gargaon college	A ⁺
20.	Mina Robidas	Gargaon College	O ⁺
21.	Bristi Chetia	Gargaon College	O ⁺
22.	Echa Mech	Gargaon College,DU	AB ⁺
23.	Chitrali Bokolial	Gargaon college	B ⁺
24.	Sonam Yadav	Blood donation	O ⁺
25.	Nikita Phukon	Gargaon collage	O ⁺
26.	Lucky Rajkumari	Gargaon College	B ⁺
27.	Surajit Saikia	Gargaon College	B ⁺
28.	Sangeeta Chetia	Gargaon College	O ⁺
29.	Gautom Hazarika	Gargaon College	O ⁺
30.	Echa Mech	Gargaon College, DU	AB ⁺
31.	Bristi Chetia	Gargaon College	O ⁺
32.	Dr. Nazreen Parveen Ali	Gargaon College	A ⁺
33.	Dr. Dipankar Buragohain	Gargaon College	A ⁺
34.	Nomami Dutta	Gargaon College	O ⁺
35.	Chirantan Bhagawati	Gargaon College	O ⁺
36.	Shomkai Manham	Gargaon College	B ⁺
37.	Gitashri Arandhara	Gargaon College	O ⁺
38.	Dr. Plaban Jyoti Sarma	Gargaon College	B ⁺
39.	Dr Meghali Bora	Gargaon College	O ⁺
40.	Parishmita Borah	B. Com	B ⁺
41.	Devajani Bakalial	Gargaon College	B ⁺
42.	Dr. Ankur	Gargaon College	A ⁺

YouTube link

<https://www.youtube.com/watch?v=TpKxT9IkEkI>

Newspaper cutting

গড়গাঁও কলেজত ৰক্তদান দিৱস পালন

নিয়মীয়া বাৰ্তা, শিৱসাগৰ, ১৭ জুন : বিশ্ব ৰক্তদান দিৱস উপলক্ষে শিৱসাগৰৰ গড়গাঁও মহাবিদ্যালয়ে অনলাইন মাধ্যমত ৰক্তদান বিষয়ক এখন আলোচনা-চক্ৰৰ আয়োজন কৰে। মহাবিদ্যালয়খনৰ এন চি চিৰ ১১ আসাম গালছ, এন চি চিৰ ৪৯ অসম নভেল ইউনিট, মহিলা কোষ, ৰাষ্ট্ৰীয় সেৱা আঁচনি তথা আভ্যন্তৰীণ মান নিৰূপণ কোষৰ উদ্যোগত অনুষ্ঠিত আলোচনা-চক্ৰ উদ্বোধন কৰে গড়গাঁও মহাবিদ্যালয়ৰ অধ্যক্ষ ড° সব্যসাচী মহন্তই। উদ্বোধনী ভাষণত ড° মহন্তই ৰক্তদানক এজন ব্যক্তিয়ে আন এজন ব্যক্তিক দিব পৰা সৰ্বোত্তম উপহাৰ বুলি উল্লেখ কৰি আয়োজকসকলৰ এনে কাৰ্যসূচীৰ বাবে প্ৰশংসা কৰে। ইতিহাস বিভাগ সহকাৰী অধ্যাপক ড° ৰক্তিম পাটৰে আঁত ধৰা অনুষ্ঠানত সমল ব্যক্তি ৰূপে উপস্থিত থাকে চিকিৎসক তথা অসম ৰাজ্যিক চলচ্চিত্ৰ

বিশ্ব আৰু উন্নয়ন বিভাগৰ উপাধ্যক্ষ ডাঃ আলখা বৰুৱাই। ডাঃ বৰুৱাই ৰক্তদানৰ উপকাৰিতা আৰু ৰক্তদানৰ লগত চিকিৎসা বিজ্ঞানৰ বিভিন্ন দিশৰ সম্পৰ্কে বহুলভাৱে আলোকপাত কৰে। তেওঁ ৰক্তদানৰ লগত জড়িত শংকা, দুৰ্ভাৱনাবোৰ আঁতৰি নিজৰ শৰীৰৰ উপকাৰৰ বাবেই ৰক্তদান কৰিবলৈ আহান জনায়। ডাঃ বৰুৱাই এই ৰক্তদান সমাজৰ বাবে অতি প্ৰয়োজনীয় বুলি উল্লেখ কৰি এজন সুস্থ মানুহে ৰক্তদান কৰাৰ বাবে অকল তেওঁৰ শৰীৰৰে উপকাৰ নহয়, সমান্তৰালভাৱে তেওঁৰ ৰক্ত গ্ৰহণ কৰাজনেও নতুন জীৱন পায়। প্ৰাণী বিজ্ঞান বিভাগৰ সহকাৰী অধ্যাপিকা ড° পিমিলি লাংখাছাই শলাগৰ শৰাই আগবঢ়োৱা এই অনুষ্ঠানত অংশগ্ৰহণ কৰি অধ্যাপক-অধ্যাপিকা, ছাত্ৰ-ছাত্ৰীসকলে ৰক্তদান বিষয়ক বহু কথাৰ সম্বন্ধ পাই যথেষ্ট উপকৃত হয়।

encouraged the farmers to briefed about in his speech. participated in the programme.

World Blood Donor Day observed

CORRESPONDENTS

SIVASAGAR, June 15: With a view to raise awareness about the importance of safe blood donation voluntarily, Gargaon College celebrated World Blood Donor Day on Wednesday.

To commemorate World Blood Donors Day, an online awareness programme was organized by 11 Assam Girls (I) Coy NCC, 49 Assam Naval Unit NCC, IQAC, NSS and Women Cell (GCTU). The resource person of the programme was Dr Alakhya Baruah, MD (AM), medical practitioner, a renowned theatre personality and Vice Chairman of Assam State Film Finance and Development Corporation.

The programme was inaugurated by renowned academician and Principal of Gargaon College, Dr Sabyasachi Mahanta. In his inaugural address, Dr Mahanta spoke on the importance of donating blood as blood is the most precious gift that anyone can give to another person – the gift of life. He narrated how as an active member of Red Cross Society, he has been donating blood countless times. Talking about the importance of the day, he gave an insight on the theme of this year 'Give Blood, Give Plasma, Share Life, Share Often' which focuses on patients requiring life-long transfusion support and underlines the role every single person can play, by giving the valuable

gift of blood or plasma. He urged people to stay away from the myths related to blood donation and explained how giving blood may help our body's detoxifying potential. He encouraged the people to donate blood and contribute to the well-being of not only the family, but also of the society as a whole.

The resource person, Dr Alakhya Baruah explained how transfusing or donating blood or its components to the needy person has become very important part of humanity in the modern health care system. He said that during a regular donation, one can give around 470 ml of whole blood and our body replaces this volume within 24 to 48 hours, and replenishes red blood cells in 10 to 12 weeks. He further emphasized that one should donate blood at least 2-3 times a year since it can help maintain a healthy heart and overall good health.

The webinar, moderated by Dr Raktim Patar, CTO, 49 Assam Naval, concluded with a thought-provoking question and answer session where the expert answered the queries of the participants. The programme was attended by faculty, students and NCC Cadets of Gargaon College.

DIBRUGARH: On the occasion of World Blood Donor Day, JCI Dibrugarh Royals organized a blood donation camp at Dibrugarh on Wednesday. A total of 30

units of blood were collected in the camp organized in collaboration with Apeksha Hospitals, Dibrugarh. JCI Royal expressed their gratitude to the Apeksha hospital for the hospitality of the entire management. President Rachita Bhartiya Garodia thanked all members of JCI Royals for their dedication and commitment which made the camp a grand success.

GOLAGHAT: To mark the occasion of World Blood Donor Day, the cadets from 74 Assam Girls (I) Company and 12 Assam (I) Company along with the blood bank of Civil Hospital, Golaghat, organized a one-day camp at DR College, Golaghat on Thursday. Every year NCC celebrates this day to raise awareness of the need for safe blood and blood products and to thank voluntary blood donors for their life-saving gifts in the form of blood. The theme for World Blood Donor Day 2023 is 'Give blood, give plasma, share life, share often'. This camp was attended by 93 cadets, 2 ANO/CTO, 10 PI staff and 01 offr. A total of 37 individuals donated blood. Dr Biju Bora, counsellor, Blood Bank, Golaghat Swahid Kunal Konwar Civil Hospital, conveyed gratitude to the young cadets and said that they are the torch bearers of the modern society. She also gave away certificates to the donors as a mark of appreciation for their noble deed.


আজ সেই অঞ্চলৰ বহু শাল কঠায়া আনষ্ট সাধন হাহাকাৰ পাৰাখাতৰ গুৰুত্ব

গড়গাঁও মহাবিদ্যালয়ত শিশু শ্ৰমিক বিৰোধী সজাগতা সভা

‘আমাৰ অসম’ৰ শিৱসাগৰৰ ষ্টাফ ৰিপ’ৰ্টাৰ, ১৩
জুন : শিশু শ্ৰমিকৰ দৰে পৃথিৱীজুৰি এক
চিন্তনীয় বিষয়ত সজাগতা সৃষ্টিৰ বাবে
শিৱসাগৰৰ ঐতিহ্যমণ্ডিত গড়গাঁও
মহাবিদ্যালয়ে বিশ্ব শিশু শ্ৰমিকবিৰোধী দিৱস
উপলক্ষে এখন অনলাইন সজাগতা সভাৰ
আয়োজন কৰে। মহাবিদ্যালয়খনৰ প্ৰাণীবিজ্ঞান
বিভাগ, অসমীয়া বিভাগ, মহিলা কোষ, এন চি
চিৰ ১১ আছাম গাৰ্লছৰ উদ্যোগত আৰু
আভ্যন্তৰীণ মান নিৰূপণ কোষৰ সহযোগত
আয়োজিত এই অনলাইন আলোচনা সভাখন
উদ্বোধন কৰে গড়গাঁও মহাবিদ্যালয় উপাধ্যক্ষ
ড° ৰীণা সন্দিকৈয়ে। উদ্বোধনী ভাষণত ড°
সন্দিকৈয়ে শিশুৰ শৈশৱৰ সোণালী দিনবোৰ
কাটি শ্ৰমিক হিচাপে নিয়োজিত কৰা কাৰ্যত
উদ্বেগ প্ৰকাশ কৰাৰ লগতে সকলোকে ইয়াৰ
বিৰুদ্ধে মাৰবান্ধি আগবাঢ়ি আহিবলৈ আহ্বান
জনায়ে। অসমীয়া বিভাগৰ সহকাৰী অধ্যাপিকা

দেৱযানী বকলীয়ালে আঁত ধৰা সজাগতামূলক
আলোচনা-সভাখনৰ সমল ব্যক্তি ৰূপে
অংশগ্ৰহণ কৰে মহাবিদ্যালয়খনৰ ৰাজনীতি
বিজ্ঞান বিভাগৰ মুৰব্বী অধ্যাপক ড° পৰনকুমাৰ
গগৈয়ে। সমল ব্যক্তি ড° গগৈয়ে শিশু শ্ৰমিকৰ
ধাৰণা, শিশু শ্ৰমিক নিয়োগৰ পৃষ্ঠভূমি, শিশু
শ্ৰমিক ব্যৱহাৰৰ বিৰুদ্ধে লোৱা প্ৰতিৰোধমূলক
ব্যৱস্থাসমূহ, ইয়াৰ লগত জড়িত আইন তথা
ৰাষ্ট্ৰসংঘ আৰু ভাৰতীয় সংবিধানে দিয়া
সমাধান, পদক্ষেপসমূহৰ বিষয়ে বিশদভাৱে
আলোচনা কৰে। প্ৰাণী বিজ্ঞান বিভাগৰ সহকাৰী
অধ্যাপক ড° অনুৰাগ প্ৰতিম দাসে শলাগৰ শৰাই
আগৰঢোৱা অনুষ্ঠানত বহুসংখ্যক অধ্যাপক-
অধ্যাপিকা, ছাত্ৰ-ছাত্ৰীয়ে অংশগ্ৰহণ কৰে।
শিশুৰ শৈশৱ সুৰক্ষিত কৰাৰ চিন্তাৰে এনেধৰণৰ
সজাগতামূলক অনুষ্ঠান আয়োজনৰ বাবে
আয়োজকসকলক মহাবিদ্যালয়খনৰ অধ্যক্ষ ড°
সব্যসাচী মহন্তই বিশেষভাৱে প্ৰশংসা কৰে।

Flyer of the program:



GARGAON COLLEGE

Celebrates


WORLD BLOOD DONOR DAY

THEME: "GIVE BLOOD, GIVE PLASMA, SHARE LIFE, SHARE OFTEN"


JOINTLY ORGANIZED BY

**11 Assam Girls (I) Coy NCC, 49 Asaam Naval Unit NCC,
IQAC, NSS and Women Cell (GCTU)**

INAUGURATOR




Dr. Sabyasachi Mahanta
Principal
Gargaon College



JUNE 14, 2023, TIME: 7:30

Google form link:
<https://forms.gle/YhdpyQ9pZFSWdKdq5>

SPEAKER



Dr. Alakhya Baruah
MD (AM)

Photographs of the webinar

Zoom Meeting

LIVE YouTube

View

Participants (37)

Find a participant

- GC Gargaon College (Host)
- DS Dr. Sabyasachi Maha... (Co-host)
- RN Redmi Note 10S (Co-host)
- CB Chirantan Bhagawati (Co-host)
- P Pimily Langthasa (Co-host)
- SC Sangeeta Chetia (Co-host)
- DA Dr. Anurag Protim Das (Co-host)
- DD DR. DIMBESHWAR DAS (Co-host)
- DR Dr RAKTİM PATAR
- AD Anika dutta
- BG Bhayalina Gogoi
- B Bonika
- BD Bornali Dutta
- BC Bristi Chetia

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1/2

Dr. Sabyasachi Mahanta

Dr. RAKTİM PATAR

sonam yadav

Gargaon College

Dr. Anurag Protim Das

Mohananda Tamuli

Chirantan Bhag...

HareKrishna Mili

Sandeepa Agar...

Bornali Dutta

Lucky Rajkumari

Nikita

1/2

Dr. Nazreen Parveen

Dr. Nazreen Parveen

Dr. Pankaj Kumar Nath

Sujata Goala

Dipshikha Gogoi

Dr. Anurag Protim Das

Mohananda Tamuli

Chirantan Bhagawati

HareKrishna Mili

Echa Mech

Sandeepa Agarwalla

Bornali Dutta

Lucky Rajkumari

Nikita

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1/2

Dr. Sabyasachi Mahanta

Dr. RAKTİM PATAR

Chinu Baruah

sonam yadav

Gargaon College

Pimily Langthasa

Dr. Anurag Protim Das

Mohananda Tamuli

Chirantan Bhagawati

HareKrishna Mili

Echa Mech

Sandeepa Agarwalla

Bornali Dutta

Lucky Rajkumari

1/2

Dr. Nazreen Parveen

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Sujata Goala

Dipshikha Gogoi

Dr. Anurag Protim Das

Mohananda Tamuli

Chirantan Bhagawati

HareKrishna Mili

Sandeepa Agarwalla

Bornali Dutta

Lucky Rajkumari

Nikita





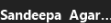




















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7:43 PM

Go to Settings to activate Windows.

LIVE YouTube






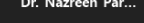



















Dr. Sabyasachi Mahanta is talking...

 Mohananda Tamuli	 Chirantan Bhagawati	 HareKrishna Mili	 Echa Mech	 Sandeepa Agarwalla
 Bornali Dutta	 Lucky Rajkumari	 Pankaj Dutta	 Nikita	 Madhusmita Borborah
 Ankika dutta	 Devajani Bakalial	 Bristi Chetia	 himashree borgohain	 Pakiza
 Ranjana Gogoi	 Bonika	 DR. DIMBESHWAR DAS	 Torali Gogoi	 Nomami Dutta
 Sangeeta Chetia	 Nilutpal Chutia	 Lucky Bailung	 Rashmi Dutta	 Dr.Dilip Kumar Deka

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Zoom Meeting

 Priyanka Tamuli	 Pimily Langthasa	 Gautom Hazarika	 Bhayalina Gogoi	 Dr. DIPANKAR BURAGOHAIN
 Dr. Nazreen Parveen	 Dr. RAKTIM PATAR	 Dr. Pankaj Kumar Nath	 Sujata Goala	 Dipshikha Gogoi
 Dr. Sabyasachi Mahanta	 Redmi Note 10S	 Chinu Baruah	 sonam yadav	 Gargaon College
 Pimily Langthasa	 Dr. Anurag Protim Das	 Mohananda Tamuli	 Chirantan Bhagawati	 HareKrishna Mili
 Echa Mech	 Sandeepa Agarwalla	 Bornali Dutta	 Lucky Rajkumari	 Pankaj Dutta

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Participants (43)

Q Find a participant

- LR Lucky Rajkumari
- MB Madhusmita Borborah
- N Nikita
- NC Nilutpal Chutia
- Nomami Dutta
- P Pakiza
- Pankaj Dutta
- PT Priyanka Tamuli
- RD Rashmi Dutta
- SA Sandeepa Agarwalla
- SY sonam yadav
- SG Sujata Goala
- TG Torali Gogoi
- BB Boishali Boruah

Invite Mute All

7:49 PM

Zoom Meeting

LIVE YouTube

Participants (35)

Find a participant

Priyanka Tamuli	Pimily Langthasa	Gautom Hazarka	Sangeeta Chetia	Bhayalina Gogoi
Dr. DIPANKAR B...	Dr. Nazreen Par...	Dr. RAKTIM PATAR	Dr. Pankaj Kumar Nath	Sujata Goala
Dipshikha Gogoi	Dr. Sabyasachi...	Redmi Note 10S	sonam yadav	Gargaon College
Pimily Langthasa	Dr. Anurag Proti...	Mohananda Tamuli	Chirantan Bhag...	HareKrishna Mili
Echa Mech	Sandeepa Agar...	Bornali Dutta	Lucky Rajkumari	Pankaj Dutta

Unmute Start Video Security Participants 35 Chat 2 Share Screen Record Reactions Apps Leave

7:42 PM

Zoom Meeting

LIVE YouTube

Participants (41)

Find a participant

Pimily Langthasa	Nilakhi Chetia	Priyanka Tamuli	sonam yadav	Pimily Langthasa
------------------	----------------	-----------------	-------------	------------------

Redmi Note 10S

Unmute Start Video Security Participants 41 Chat 2 Share Screen Record Reactions Apps More End

8:06 PM

Zoom Meeting interface showing a video call in progress. The main video area displays a man with glasses speaking. The top bar shows participant names: Pimily Langthasa, Nilakhi Chetia, Priyanka Tamuli, and sonam yadav. The bottom toolbar includes controls for Unmute, Start Video, Security, Participants (41), Chat, Share Screen, Record, Reactions, Apps, and More. A red 'End' button is visible in the bottom right corner.

Participants (41) list sidebar. It contains a search bar and a list of participants with their names and status icons (mute, video off). The list includes:

- Nikita
- Nilakhi Chetia
- Nomami Dutta
- Pakiza
- Pankaj Dutta
- Priyanka Tamuli
- Rashmi Dutta
- Sandeepa Agarwalla
- sonam yadav
- Sujata Goala
- Lucky Bailung
- Mohananda Tamuli
- Ranjana Gogoi
- Redmi Note 8 Pro

At the bottom of the list, there are buttons for 'Invite' and 'Mute All', along with a 'Go to Settings to activate Windows' notification.

Sl. No. 7

2. **Name of the program:** End Child Labor Today
3. **Venue:** Zoom Platform
4. **Date:** 12th June, 2023
5. **Organized by:** Department of Zoology, Department of Assamese, Women Cell (GCTU), IQAC and 11 Assam Girls (I) Coy NCC, Gargaon College
6. **Resource Person:** Dr. Pobon Gogoi, Associate Professor and Head, Department of Political Science, Gargaon College
7. **Nature of Activity:** Outreach/Extension/in campus
8. **Number of participants:** 49
9. **Objective of the Program:** Increase public awareness about the prevalence and consequences of child labour
10. **Under scheme** (*most important point*):
11. **Brief report of the program:**

A National Webinar on “End Child Labor Today” was jointly organized by the Department of Zoology, Department of Assamese, Women Cell (GCTU), IQAC and 11 Assam Girls (I) Coy NCC, Gargaon College on 12th June, 2023 to celebrate World Day Against Child Labor. The webinar held in blended mode, was inaugurated by Dr. Rina Handique, Vice-Principal, Gargaon College and Head, Department of Zoology, Gargaon College. In her inaugurating speech she spoke about the negative consequences of child labor and employment on various institutes. The keynote speaker for the programme was Dr. Pobon Gogoi, Associate Professor and Head, Department of Political Science, Gargaon College. In his enlightening speech he highlighted the reasons behind the child labor such as poverty, lack of access to education, demand for cheap labor, limited labor protection, arm conflicts, lack of awareness etc.

He further described about the adverse effects of child labor such as deprivation to education, health and safety issues, negative economic effects, social and moral responsibilities etc. In his speech he defined about the scenario of child labor in India and across the world. At the end he emphasized on the initiatives adopted by United Nations (UN) for combating child labor across the globe. He further added the legislations involved in Indian constitution for combating child labor and the penalties associated with the offence of child labor. The programme was attended by 49 participants which included students and faculty members.

12. **Rationality of the program:**

Aims to inspire a global movement against child labour with the slogan "Social Justice for All. End Child Labour!" in 2023. Its purpose is to draw attention to the issue of child labour and mobilize efforts to combat it effectively. The continued observance of this day reflects the commitment of various stakeholders to address this pressing issue and work towards a world free from child labour.

13. Media Coverage:

- Facebook:
- YouTube link (if any):

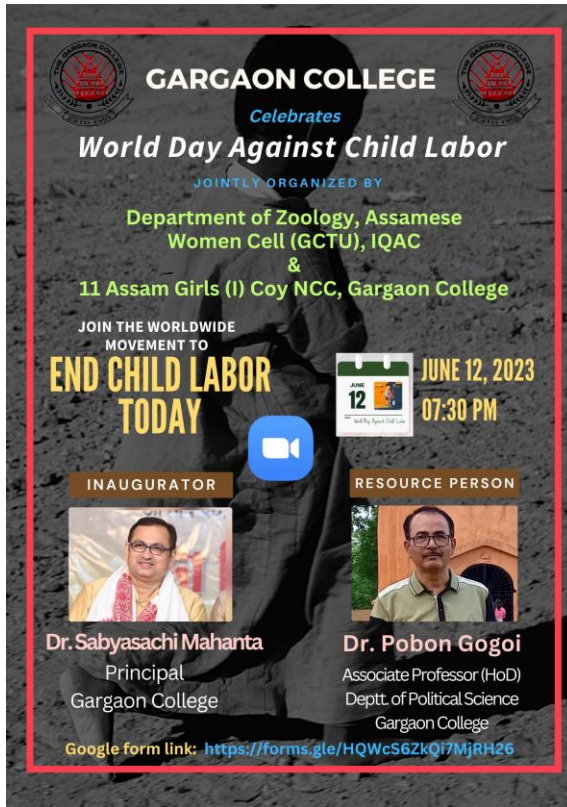
14. Newspaper cutting:

Sentinel

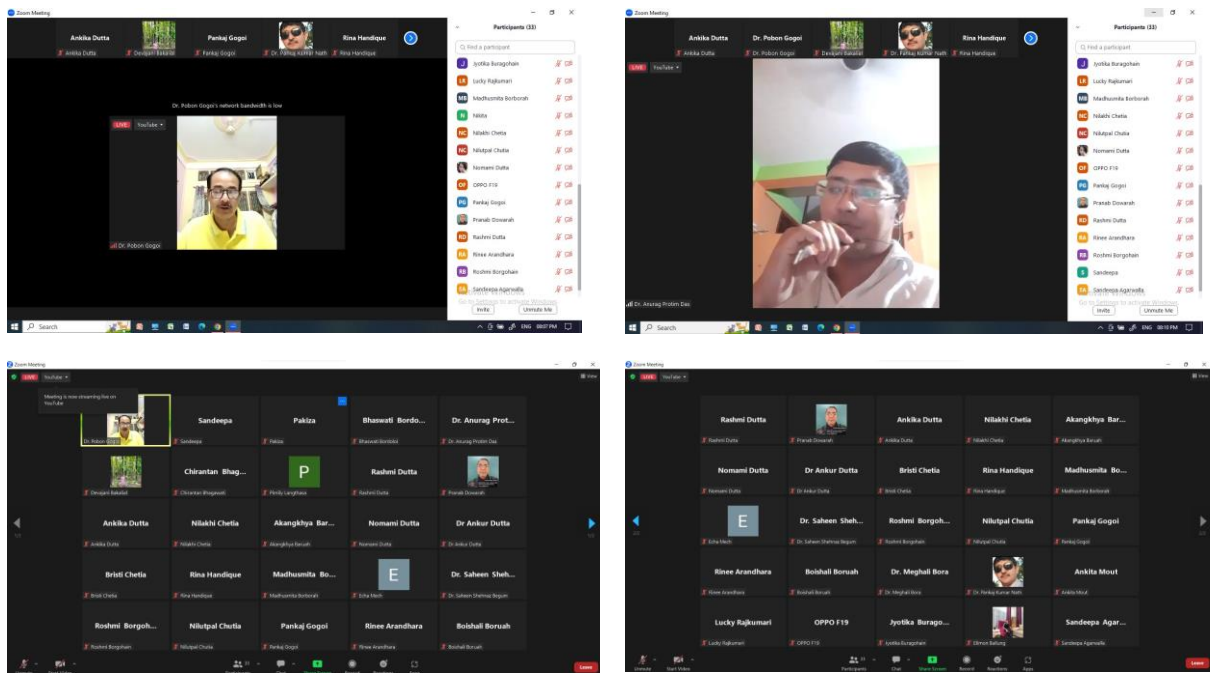
<https://www.sentinelassam.com/north-east-india-news/assam-news/anti-child-labour-day-observed-across-assam-653576>

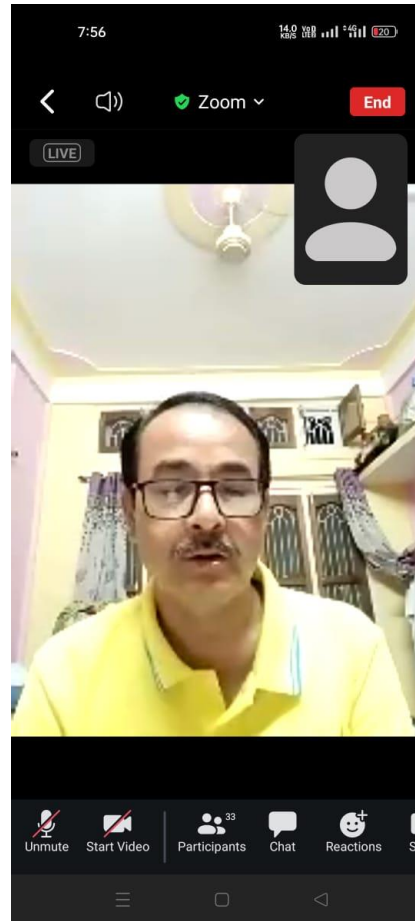


15. Photograph of the flyer:



16. Photographs of the program (maximum 10):





17. List of participants (should be photo of register or link for google sheet if taken in google form):

Link to google sheet

https://docs.google.com/spreadsheets/d/1YNATseKBmZYsTWvn9b8J4sWokIJm2L6_IGmaKDiT8ts/edit?usp=sharing

Sl. No.	Name	Designation	Organization
1.	Dr. Anurag Protim Das	Assistant Professor	Gargaon College
2.	Dr. Mrinal Ghosh	Assistant Professor	Gargaon College
3.	Devajani Bakalial	Assistant Professor	Gargaon College
4.	Sandeepa Agarwalla	Assistant Professor	Gargaon College
5.	Dr. Saheen Shehnaz Begum	Assistant Proffesor	Gargaon College
6.	Dr. Pobon Kr. Gogoi	Associate Professor.	Gargaon College
7.	Lucky Rajkumari	Student	Gargaon College
8.	Pallabi chutia	Student	Gargaon College
9.	Ankita Mout	Student	Gargaon College

10.	Elimon bailung	Student	Gargaon College
11.	Akangkha Baruah	Student	Gargaon College
12.	Bristi Chetia	Student	Gargaon College
13.	Dr. Rashmi Dutta	Assistant Professor	Gargaon College
14.	Miss Nikita phukon	Student	Department of Zoology
15.	Porishree Boruah	Student	Gargaon College
16.	Dr. Bornali Dutta	Assistant Professor	Gargaon College
17.	Pimily Langthasa	Assistant Professor	Gargaon College
18.	Nomami Dutta	Assistant Professor	Gargaon College
19.	Echa Mech	Student	Gargaon College, DU
20.	Roshmi Borgohain	Student	Gargaon College Simaluguri
21.	Pankaj Gogoi	Assistant Professor	Sipajhar College
22.	Rinee Arandhara	Student	Gargaon College
23.	Puja Singh	Student	Gargaon College, DU
24.	Dr Meghali Bora	Associate Professor	Gargaon College
25.	Kashmiree konwar	Bsc 4 th semester	Gargaon College
26.	Pakiza Begum	Assistant Professor	Gargaon College
27.	Boishali Boruah	Student	Gargaon College
28.	Yuvaraj Gogoi	Assistant professor	Gargaon College
29.	Rakhi Deogharia	Student	Gargaon College
30.	GAUTOM HAZARIKA	Assistant Professor	Gargaon College
31.	Ankika Dutta	Assistant Professor	Gargaon College
32.	Dr. Chirantan Bhagawati	Assistant Professor	Gargaon College
33.	Ankur Dutta	Assistant Professor	Gargaon College
34.	Surajit Saikia	Assistant Professor	Gargaon College
35.	Niharika Gogoi	Student	Gargaon College
36.	Nilutpal Chutia	Assistant Professor	Gargaon College
37.	Dr Kabita Phukon	Assistant professor	Gargaon College
38.	Prastuti Phukan	Student	Gargaon College
39.	Sangeeta Chetia	Assistant professor	Gargaon College
40.	Dr.Rimjim Borah	Assistant Professor	Gargaon College
41.	RITURAJ TAHU	Assistant Professor	Gargaon College
42.	Dr. Nazreen Parveen Ali	Assistant Professor	Gargaon College
43.	Dr. Pankaj Kumar Nath	Associate Librarian	Gargaon College
44.	Dr. Dipankar	Assistant Professor	Gargaon College

	Buragohain		
45.	Nilakhi Chetia	Associate Professor	Gargaon College
46.	Pranab Dowarah	Associate professor	Gargaon College
47.	Runjun Hazarika	Associate professor	Gargaon College
48.	Anindita dadhara	Student	11 Assam Girls (I) Coy NCC
49.	Prerona Dhadumia	Student	Gargaon college

18. Certificates (if any):

19. Any other:

Sl. No. 8

- a) **Name of the workshop /seminar/conference:** Workshop on 9th International Day of Yoga
- b) **Related to:** Yoga
- c) **Date (From-to):** 21.06.2022
- d) **Organized by:** NSS, Eco Club, Yoga Centre, 11 Assam Girls (I) Coy NCC, 49 Assam Naval Unit NCC, Women Cell (GCTU) and IQAC, Gargaon College
- e) **Nature of Activity:** Workshop
- f) **Name of the Resource Person(s):**
Dr. Chandraditya Gogoi, HoD of Geology and coordinator of the Yoga Centre at Gargaon College
- g) **Rationality of the program**

The International Day of Yoga is not only about celebrating a specific form of exercise but also about promoting holistic health, unity, cultural exchange, and a sustainable way of living. It serves as a reminder of the importance of incorporating mindfulness and well-being practices into our lives for the benefit of individuals and society as a whole

h) Brief report of the program

Gargaon College celebrated 9th International Day of Yoga on 21st June, 2023 to raise awareness about this ancient practice as well as to rejoice the physical and spiritual prowess that yoga has brought to the world. To commemorate the event, an event was organized by NSS, Eco Club, Yoga Centre, 11 Assam Girls (I) Coy NCC, 49 Assam Naval Unit NCC, Women Cell (GCTU) and IQAC, Gargaon College. The resource person of the programme was Dr. Chandraditya Gogoi, HoD of Geology and coordinator of the Yoga Centre at Gargaon College. Dr. Gogoi is a renowned Yoga instructor, Martial art trainee and advocate for Buddhism and Human Right. He has been awarded 6th position in the prestigious National level Yoga competition (1989) representing state Assam.

The programme was inaugurated by well-known academician and Principal of Gargaon College, Dr. Sabyasachi Mahanta. In his inaugural address, Dr. Mahanta emphasized how practising Yoga can contribute in relaxing the mind and body and boosting people's immune system. He narrated the celebration provides the chance to learn the fundamentals of yoga

and benefit from its many rewards under the theme "Yoga for Vasudhaiv Kutumbakam" representing our shared desire for "One Earth, One Family, One Future."; which made it more special.

Before the demonstration, Dr. Gogoi explained how Yoga embodies unity of body and mind; thought and action; fulfillment and restraint; harmony between man and nature; a holistic approach to health and well-being. He added that Yoga brings about peace in this modern, fast-paced life by combining the body, mind, spirit and soul. Explaining it to be a mind-body practice that originated in India thousands of years ago; combines physical postures, breathing exercises, and meditation. He informed that crowd that Yoga has improved flexibility, strength, balance, and endurance and can also help to reduce stress, anxiety and depression. This is followed by a series of yoga including some warm up, breathing, good posture and balancing. Everyone present practiced and performed sitting and standing asanas; importance of these were explained simultaneously. Furthermore, he encouraged the cultivation of a regular meditation practice to foster mental clarity and self-awareness, essential for thriving in a stress-free environment.

The program was moderated by Dr. Rimjim Borah, NSS Program Officer, Gargaon College. It A sum of total 150 participants that included Students, Faculties, volunteers of NSS and NCC cadets and office staff of Gargaon College participated in the event. Overall Yoga Day was celebrated with great enthusiasm.

Attendance

No. of participants: 117

Photocopy of participants lists

International Yoga Day - 2023

Date :- 21/06/2023

Venue :- Indoor Stadium, Gargyaon College

Time :- 9 AM onwards

① Redis 21/06/23

② Rani 21/06/23

③ Rajit 21/06/23

21/06/2023

INTERNATIONAL YOGA DAY - 2023

List of the Participants

S.No	Name of the Participants	Signature
1.	Dr. Chandakalya Gogoi	
2.	DR poli Konwar	
3.	Dr. Ratna Das	
4.	Dr. Lakshmi Patra	
5.	Indira Khamb	
6.	Shankari Mahan	
7.	Priyanka Tamuli	
8.	Bidyut Bikash Hazarika	
9.	Dr. Anurag Pratim Das	
10.	Miss Sandhya Agnewelle	
11.	Dr. Prabon J. Sarma	
12.	Dr. Pakiza Begum	
13.	Priyitya Kaulthun	
14.	Anandias Narsong	
15.	Ankur Datta	
16.	Paula Datta	

21/09/2023

INTERNATIONAL YOGA DAY - 2023

Sl. No.	Name of the Participants	Signature
17.	Yurraj Gogoi	[Signature]
18.	Dr. Baluaram Das	[Signature]
19.	Pranab Dandekar	[Signature]
20.	Dr. Anjan Kumar	[Signature]
21.	DR JITU SARKIA	[Signature]
22.	Dr. Bidyarnanda Brikakoty	[Signature]
23.	Dr. Sahen S. Begum	[Signature]
24.	Mrs. Sangeeta Cheliv	[Signature]
25.	Dr. Gitashri Chandra	[Signature]
26.	Dr. Roma Chaudhary	[Signature]
27.	Dr. Nazreen Parveen Ali	[Signature]
28.	Mrs. Namami Dutta	[Signature]
29.	Kirti Singh	[Signature]
30.	Sayanta Ghoshal	[Signature]
31.	Chirantani Bhagawati	[Signature]
32.	Samin Gajdar Mohan	[Signature]
33.	Moharanda Tamuli	[Signature]

21/09/2023

INTERNATIONAL YOGA DAY - 2023

Sl. No.	Name of the Participants	Signature
33.	Mukundaram	[Signature]
34.	MimLu Rana	[Signature]
35.	Pratik Gogoi	[Signature]
36.	Bikram Singh Razon	[Signature]
37.	Ankita Gogoi	[Signature]
38.	Echa Mech	[Signature]
39.	Ankita Mout	[Signature]
40.	Haripriya Gogoi	[Signature]
41.	Arpana Sonowal	[Signature]
42.	Rishashree chetia.	[Signature]
43.	Riponjoti Chetia	[Signature]
44.	Prastuti Babarua.	[Signature]
45.	Pada Singh	[Signature]
46.	Arbind Singh Yadav	[Signature]
47.	Gourav Kanu	[Signature]
48.	Kaushab Bora.	[Signature]

2/06/2023

INTERNATIONAL YOGA DAY - 2023

Sl No	Name of the Participants	Signatures
49	Orchid changmai	Orchid Changmai
50	Sachdevat Raj Boraiah	Sachdevat Raj Boraiah
51	Dibrajanti Gogoi	Dibrajanti Gogoi
52	Bishnujyoti Boraiah	Bishnujyoti Boraiah
53	Nikita Phukon	Nikita Phukon
54	Charjana Rajya Boraiah	Charjana Rajya Boraiah
55	Tinti Mesh	Tinti Mesh
56	Rahul Baidya	Rahul Baidya
57	Manash Borah Kalita	Manash P Kalita
58	Krishna name Boraiah	K Boraiah
59	Lucky Rajkumar	Lucky Rajkumar
60	Ananya Konwar	Ananya Konwar
61	Sneha Senasua	Sneha Senasua
62	Gurashree Jamli	Gurashree Jamli
63	Kristee Gogoi	Kristee Gogoi
64	Chinu Boraiah	Chinu Boraiah

INTERNATIONAL YOGA DAY - 2023

2/06/2023

Sl No	Name of the participants	Signature
65	Rinu Aradhana	Rinu Aradhana
66	Pinki Boraiah	Pinki Boraiah
67	Rashmi Boraiah	Rashmi Boraiah
68	Sagarika Somachal	Sagarika Somachal
69	Sikhamoni Dutta	Sikhamoni Dutta
70	Jahabi Phukon	Jahabi Phukon
71	Dr. Rajana Gogoi	Dr. Rajana Gogoi
72	Rajkishor Sahon	Rajkishor Sahon
73	Doulet Dattiana	Doulet Dattiana
74	Tintu Chela	Tintu Chela
75	Bikash	Bikash
76	Jeha	Jeha
77	Sangulvi Boraiah	Sangulvi Boraiah
78	Kabita Phukon	Kabita Phukon
79	Bornali Dutta	Bornali Dutta
80	Nayamoni Cheta	Nayamoni Cheta

INTERNATIONAL YOGA DAY - 2023	
Name of the Participants	Signature
82/ Bonakha Konwar	Bonakha Konwar
83/ Jenishmita Saikia	Bruika
84/ Gayatri Boro	Gayatri
85/ Ratul Dli	Ratul
86/ Sunthajit Taya	Sunthajit
87/ Nikitrol Bommali	Nikitrol
88/ Palleb Sahu	Palleb
89/ NCC CAPFTS	
90/ Anindita Daddaka	Anindita
91/ Niharika Gogoi	Niharika
92/ Rakhi Deogharua	Rakhi
93/ Nishikharani Chetta	Nishikharani
94/ Lucky Bailing	Lucky
95/ Simpy Kayantha	Simpy
96/ Chaymita Chetta	Chaymita
97/ Musumun Gogoi	Musumun
98/ Sonam Yadav	S. Yadav
99/ Darshana Konwar	Darshana
100/ Ananya	Ananya

INTERNATIONAL YOGA DAY - 2023	
Name of the Participants	Signature
101/ Ananya Boro	Ananya
102/ Puja Cheta	Puja
103/ Himabree Boro	Himabree
104/ Anushka Devi	Anushka
105/ Rubi Bwagohain	Rubi
106/ Kalyan Kumar Gogoi	Kalyan
107/ Mondira Komala	Mondira
108/ Chinmoyee Phukan	Chinmoyee
109/ Rodali Chongmai	Rodali
110/ Hritik Raj Gogoi	Hritik
111/ Annesha Patra	Annesha
112/ Mintu Bwagohain	Mintu
113/ Ritam Borepala Gogoi	Ritam
114/ Rituraj Chongmai	Rituraj
115/ Conshana Bailing	Conshana
116/	
117/	
118/	
119/	
120/	

Flyer of the Program:

GARGAON COLLEGE
9TH INTERNATIONAL DAY OF YOGA
 (21st June, 2023)
 Theme: Yoga for Vasudhaiva Kutumbakam

Organised by
 NSS Unit, Gargaon College
 Eco Club
 Yoga Centre
 11 Assam Girls (1) Coy NCC
 49 Assam Naval Unit NCC
 Women Cell (GCTU)
 & IQAC, Gargaon College

Venue: Indoor Stadium, Gargaon College
 Time: 9 am onwards.

Photographs



Samsung Triple Camera
Shot with my Galaxy M21



Samsung Triple Camera
Shot with my Galaxy M21





News report

<https://www.sentinelassam.com/north-east-india-news/assam-news/9th-international-yoga-day-observed-across-the-state-654751>

SIVASAGAR: The NSS Unit of **Gargaon College**, in collaboration with Eco Club, Yoga Centre, the 49 Assam Naval NCC & 11 Assam Girls NCC, Women Cell of Gargaon College and Patanjali Yoga Samiti, Sivasagar district celebrated the 9th International Yoga Day on Wednesday at the college premises with great enthusiasm.

The function started with a brief introduction of International Yoga Day by Dr Rimjim Borah, NSS programme officer of Gargaon College. After lighting of the ceremonial lamp, the programme was inaugurated by Dr Sabyasachi Mahanta, renowned academician and Principal of Gargaon College. Dr Mahanta, in his inaugural speech briefly explained the significance of International Yoga Day. He mentioned that Yoga Day is celebrated all over world to raise awareness about the glorious yoga practice of India.

Yoga is an ancient art of India which plays an important role in relaxing the mind and body and boosting people's immune system.

Dr Chandaditya Gogoi, the Head of the Department of Geology and resource person of this 9th International Yoga Day celebration, demonstrated various yoga positions to more than 200 persons comprising of teachers, non-teaching staff, students, volunteers of National Service Scheme and cadets of NCC.

TEZPUR: The 9th International Day of Yoga was observed by Sonitpur district administration at a programme held at Hillbilly located in Mazgaon, Tezpur.

State Panchayat & Rural Development Minister Ranjeet Kumar Dass was present as chief guest on the occasion. Deputy Commissioner Deba Kumar Mishra, CEO, Zilla Parishad, Karabi Saikia Karan, DDC Gaya Prasad Agarwal, noted social worker Batash Orang, other senior district administration officials were present on the occasion.

Speaking on the occasion, minister Ranjeet Kumar Dass spoke about the benefits of yoga and stressed the need to practice yoga and other physical exercises regularly. He also thanked the Prime Minister Narendra Modi for taking the 5000-year-old practice to the global stage and making it popular across the world.

গড়গাঁও কলেজত যোগ দিৱস

ৰাখি উদ্‌যাপন কৰা হয়। এই দিৱসত মহাবিদ্যালয়ৰ ৰাষ্ট্ৰীয় সেৱা আঁচনিৰ গোটৰ কাৰ্য্যক্রম বিষয়া ড° ৰিমঝিম বৰাই আঁত ধৰে। অনুষ্ঠানত বস্তু প্ৰজ্বলনেৰে শুভাৰম্ভ কৰে মহাবিদ্যালয়ৰ অধ্যক্ষ ড° সব্যসাচী মহন্তই। উদ্বোধনী ভাষণত আন্তঃৰাষ্ট্ৰীয় যোগ দিৱসৰ তাৎপৰ্য্য ব্যাখ্যা কৰি অধ্যক্ষ ড° সব্যসাচী মহন্তই কয় যে ভাৰতৰ সাংস্কৃতিক গৌৰৱ তথা ঐতিহ্য যোগ কলা হ'ল শাৰীৰিক, মানসিক তথা আধ্যাত্মিক সন্তোলনৰ প্ৰধান মাধ্যম। এই ঐতিহ্যক সমগ্ৰ বিশ্বৰ সন্মুখত পৰিচয় কৰাৰ মানসেৰে সমগ্ৰ বিশ্বতে উত্তৰ গোলার্ধৰ বছৰৰ দীৰ্ঘতম দিন ২১ জুন তাৰিখে উদ্‌যাপন কৰা এই দিৱসটিয়ে প্ৰতিফলিত কৰে ভাৰতীয় সংস্কৃতিৰ গৌৰৱোজ্জ্বল ইতিহাস। 'বসুধৈৱ কুটুম্বকম' বিষয়বস্তুৰে উদ্‌যাপন কৰা এই দিনটোত মহাবিদ্যালয়ৰ ভূতত্ত্ব বিভাগৰ মুৰব্বী অধ্যাপক ড° চন্দ্ৰাদিত্য গগৈয়ে সমল ব্যক্তিকাপে মহাবিদ্যালয়ৰ শিক্ষক-কৰ্মচাৰী, ছাত্ৰ-ছাত্ৰী, ৰাষ্ট্ৰীয় সেৱা আঁচনিৰ স্বেচ্ছাসেৱক-স্বেচ্ছাসেৱিকাসকল তথা এন চি চিৰ সদস্য সমন্বিতে প্ৰায় দুশৰো অধিক ব্যক্তিক যোগৰ বিভিন্ন আসনসমূহ অনুশীলন কৰায়। ইয়াৰোপৰি পতঞ্জলি যোগ সমিতি, শিৱসাগৰ জিলা প্ৰভাৰী ৰঞ্জন মহন্ত আৰু যোগ শিক্ষক ভাৰ্গৱ গোস্বামী অনুষ্ঠানটিত সমল ব্যক্তি ৰূপে উপস্থিত থাকে। ড° ৰিমঝিম বৰাই মহাবিদ্যালয়ৰ অধ্যক্ষ ড° সব্যসাচী মহন্ত, উপাধ্যক্ষা ড° বীণা সন্দিকৈ, এন চি চি গোটৰ সমন্বয়ক ড° ৰক্তিম পাট্টৰ, পিমলি লাংঠাছা, মহিলাকোষৰ সমন্বয়ক পাকীজা বেগম আৰু অনুষ্ঠানটিত উপস্থিত তথা অংশগ্ৰহণ কৰি সৌষ্ঠৱ বৃদ্ধি কৰা সকলো শিক্ষক-কৰ্মচাৰী আৰু ছাত্ৰ-ছাত্ৰীক শলাগৰ শৰাই আগবঢ়ায়।

কোৱৰে বাণ্ড প্ৰজ্বলন কাৰ যোগ দিৱসৰ শুভাৰম্ভ শুভাৰম্ভ কাৰ্য্যক্ৰমৰ বৈশিষ্ট্যৰ কোৱৰে ৮ পৃষ্ঠাত

গড়গাঁও কলেজত যোগ দিৱস উদ্‌যাপন

ষ্টাফ ৰিপ'ৰ্টাৰ, শিৱসাগৰ, ২১ জুন : শিৱসাগৰ জিলাৰ ঐতিহ্যমণ্ডিত গড়গাঁও মহাবিদ্যালয়ৰ ৰাষ্ট্ৰীয় সেৱা আঁচনি গোট, ইক' ক্লাব, মহাবিদ্যালয়ৰ যোগ কেন্দ্ৰ, ৪৯ আসাম নেভেল এনচিচি, ১১ আসাম গাৰ্লছ এনচিচি, অভ্যন্তৰীণ মান নিৰূপন কোষ আৰু মহাবিদ্যালয়ৰ মহিলা

কোষৰ উদ্যোগত আৰু পতঞ্জলি যোগ কেন্দ্ৰ, শিৱসাগৰ জিলাৰ সহযোগত উদ্‌যাপন কৰা হয় নৱম সংখ্যক আন্তঃৰাষ্ট্ৰীয় যোগ দিৱস। প্ৰাচীন ভাৰতত উত্তৰ হোৱা যোগ অনুশীলন প্ৰথাৰ আধাৰত সমগ্ৰ বিশ্বজুৰি উদ্‌যাপন কৰা আন্তঃৰাষ্ট্ৰীয় যোগ দিৱসৰ সৈতে সংগতি ৮ পৃষ্ঠাত

YouTube link

1. <https://youtu.be/3O7Cocolnpe>
2. <https://youtu.be/2C9rSzCOP10>