

TEN-DAY TRAINING PROGRAMME ON SELF-DEFENCE FOR GIRL STUDENTS



14th - 24th December 2021



The Rationality of the Programme

Indian Penal Code has listed so many crimes against women that includes rape, sexual assault, insult to modesty, kidnapping, abduction, cruelty by an intimate partner or relatives, trafficking etc. Quoting data from the University Grants Commission (UGC), Union Minister of State for human resource development Satya Pal Singh, in a written reply, said 149 cases of sexual harassment were reported from universities and 39 cases from colleges and other institutions in 2017. In 2016, 94 such cases were reported from universities and 18 from colleges and institutions. (https://www.hindustantimes.com/education/50-increase-in-sexual-harassment-cases-on-campuses-in-2017-ugc-data/storyVTuTtYPBebfIT9RXIGAwTK.html). By keeping in view the importance of self- defence training the Women's Study Centre, Gargaon College in collaboration with IQAC, Gargaon College and All India Karate-Do Federation, Sivasagar organised A Ten-Day Training Programme on Self-Defence for Girl Students from 14th to 24th December, 2021. It is expected that Life skill programmes like Self-Defence Training will definitely help the girl students to be more aware of their surroundings and be prepared for the unexpected at any time.

Resource Persons of the Programme

Mr Pranop Kumar Das International Martial Arts Expert Sivasagar, Assam Dr. Chandraditya Gogoi Assistant Professor Department of Geology Gargaon College

Flyer of the Programme

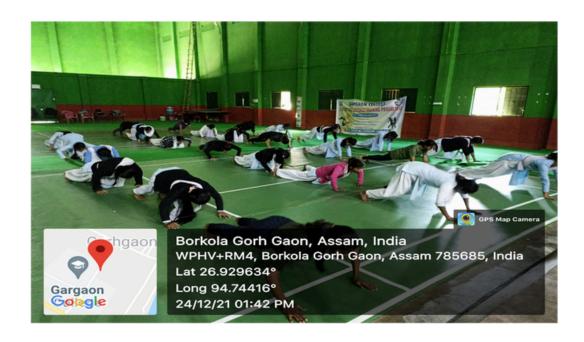




Photographs of the Programme









News Clip of the Programme

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10-day programme on self-defense concludes

OUR CORRESPONDENT

SIVASAGAR, Dec 24: Beginning from December 14, a 10-day training programme on Self Defense for girl students held at the historic precincts of Gargaon College, a prominent institution of upper College, a prominent institution of upper Assam, concluded successfully on December 24. Organized jointly by Women's Study Centre under IQAC, Gargaon College in collaboration with All India Karate-Do Federation, Sivasagar, the programme aimed at empowering girl students by imparting necessary skills of self defense keeping in view the increasing cases of violence against women in recent times. times.

In his inaugural address, Dr Sabyasachi Mahanta, Principal, Gargaon College, highlighted the significance of such a pro-

gramme in improving the mental and physical health of girl students and in instilling confidence in them. He appreciated the efforts taken by Nilakhi Chetia, Coordinator, Women Cell and Dr Surajit Saikia, Coordinator, IQAC to organize the

The event was graced by Pranab Kumar Das, International Martial Arts Expert, and Dr Chandraditya Gogoi, head of the Department of Geology, Gargaon College, and eminent martial artist as the resource persons who shared their expertise and insights on various aspects of martial arts. Around 200 girl students actively participated in the training.

Certificates of participation were pro-vided to the students at the valedictory function which was graced by Dr Rina Handique, Vice-Principal of the college.

Gargaon College Official Video Link of the Programme

YouTube Link:

