



গড়গাঁও মহাবিদ্যালয়  
GARGAON COLLEGE




**CAPACITY DEVELOPMENT  
AND  
SKILLS ENHANCEMENT ACTIVITIES  
2023-2024**








**SOFT SKILLS,  
LANGUAGE AND COMMUNICATION SKILLS  
AND  
LIFE SKILLS**

**5.1.2. Capacity development and skills enhancement activities taken by the institution include.**






- 1. Soft Skills**
- 2. Language and Communication Skills**
- 3. Life Skills**

**1. Soft Skills:** For the overall development of the students, teachers and non-teaching staff of the college, the IQAC, Academic Departments and different Cells of the College have undertaken different skill development initiatives at the College. Soft skills include interpersonal (people) skills, communication skills, listening skills, time management, problem-solving, leadership and empathy. The details of the programme are given below.









Title of the Program	Objectives	Date	Report Link	Official YouTube Link
<b>Two Days National Workshop on Preparation for IIT-JAM</b>	The objective of the workshop was to provide the students a wide opportunity to enhance their knowledge and to gain more insight to excel in the IIT-JAM examination	24-08-2023		
<b>Career Counselling Program</b>	To motivate and guide the students and to know about the preparation and exam pattern	26-08-2023		

<b>Hands on Training in Sample Collection</b>	To teach the students about the skills required in different sample collection method (specially in chemistry)	09-09-2023		
<b>Interactive Session on Career Opportunities</b>	To give the students valuable insight into various career paths and opportunities for networking and mentorship	09-09-2023		
<b>Career Counselling and Guidance on Insight into Global Placement-2</b>	To aware the students about various global placement opportunities	18-09-2023		
<b>Mahindra Pride Classroom Training Programme on Employability and Soft Skill Development</b>	To train the final-year undergraduate and postgraduate female students on employability and is a flagship Corporate Social Responsibility Livelihood Programme	10-10-2023 to 16-10-2023		
<b>A Career Counselling Programme on Promoting Youth Involvement in Society</b>	To provide strong support services to the students in the sphere of career advancement	14-10-2023		
















<b>Workshop and Hands-on Training on Mushroom Cultivation</b>	The objective of the hands-on training on mushroom cultivation was to provide participants especially the students with practical skills and knowledge in the cultivation of mushrooms	04-11-2023		
<b>National Mathematics Day</b>	To popularize mathematics among the students	22-12-2023		
<b>Career after Graduation: Research and Other prospects</b>	To generate interest of the students toward higher studies, research and competitive examinations	23-12-2023		
<b>Decoding Excellence: A Guide to Acing IIT JAM, CUET, PG, and other PG Entrances</b>	To equip individuals with the tools and confidence needed to navigate the complexities of the job market and achieve professional success.	09-02-2024		
<b>Career Opportunities in Tourism and Hospitality</b>	To give the students about various information of different career related to their subject.	13-02-2024		
<b>Career Opportunities in Assamese</b>	To teach the students about the various skills related to chemistry	20-02-2024		








<b>3-days Workshop on Geological time scale, Research ethics and Personality Development</b>	To helps the students, know about research ethics and to give brief idea about personality development	21-02-2024 to 26-02-2024		
<b>Workshop on sustainable Tea Cultivation and Capacity Building</b>	To aware the students about the necessary skills required for tea cultivation and its marketing	23-02-2024		
<b>One-Day Workshop on Entrepreneurship for Youth Empowerment</b>	To create awareness and teach entrepreneurial skills among young students.	26-02-2024		
<b>One Day Workshop on IKS and RM</b>	To give the students a valuable opportunity to explore, learn and integrate ancient wisdom with modern scientific inquiry	26-02-2024		
<b>Free Coaching for UGC NET</b>	To equip students with the knowledge and skills necessary to pass the UGC NET	04-03-2024 to 09-03-2024		
<b>Workshop on Entrepreneurship Development</b>	To teach the students about the skills required for innovations and entrepreneurship	05-03-2024		



<b>Gyanyatra by Physics Department</b>	To enhance the teaching skills of the students and inspired them take teaching as a career	09-03-2024		
<b>International Mathematics Day</b>	To inspire interest in mathematics and recognize its contributions to advancing knowledge and solving real world problems.	14-03-2024		
<b>PG Entrance Coaching Program</b>	To enable and encourage the students to prepare for various national and state level entrance exams for post-graduation in political science.	15-03-2024		
<b>Research Methodology</b>	To teach students about research methodology and to help the students in their future research at higher levels	15-03-2024		
<b>Educational Trip to CSIR-NEIST, JORHAT</b>	To provide students with a glimpse into the work culture and environment of a premier research institute	18-03-2024		
<b>Workshop on Resume Preparation</b>	To teach the skills required to create effective resumes	18-03-2024		





<b>Career Prospects for Graduate Students</b>	To aware the students about the career related to economics	19-03-2024		
<b>Career Counselling Program on Future Prospects of Studying Economics</b>	To broaden their understanding of the Indian economy through insightful discussions, expert presentation and interactive session	22-03-2024		
<b>Invited Talk on Biological Lecturer Series</b>	To aware the students about the recent advancement in biological science	22-03-2024 to 27-03-2024		
<b>Career Counselling Programme on Interviews and Resume Preparation</b>	To equip the participants with the knowledge, skills, and confidence needed to present themselves effectively to increase their chances of securing job interviews and employment opportunities	23-03-2024		
<b>Walk in Talk with Chemistry</b>	To provide the students wide opportunity to enhance their knowledge and bridge the gap between theoretical knowledge and real-world applications.	26-03-2024		







<b>One Day Workshop and Hands on Training on Aquarium Fabrication</b>	To provide participants especially the students with practical skills and knowledge in the fabrication and assembly of aquariums through a combination of theoretical sessions and hands-on practice.	27-03-2024		
<b>Soft Skill Development Program</b>	To improve the Skill of students in the field of art and craft making	28-03-2024		
<b>Career Counselling Programme on How to Crack NET/SLET Exam</b>	To help individuals identify their strength and interests, aligning them with suitable career options beyond the exam.	04-04-2024		
<b>A Talk on Career Prospects in Geography</b>	To aware students an appreciation for the practical relevance of geographical knowledge across diverse sectors	06-04-2024		








**2. Language and Communication Skills:** There are four language and communication skills: listening, speaking, reading and writing. These four skills of language allow an individual to comprehend and produce spoken language for proper and effective interpersonal communication. Different activities have been organized by the College to develop language and communication skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
<b>Weeklong Workshop on Skill Development</b>	To increase their language and communication skills though performing drama	28-01-2024 to 03-02-2024		
<b>Special Program on Spoken English</b>	The objective of the programme was to hone the spoken English skills of the students.	17-02-2024		
<b>Gyanyatra by Commerce Department</b>	To showcase the talents, ideas and academic achievements of the students and to enhance their teaching skills	23-02-2024		
<b>Gyanyatra and Extension Activity</b>	To teach student about personality development, communication skills, mathematics learning techniques etc.	19-03-2024		








<b>Music Competition</b>	To teach the student about the language of music which is used in various cultures as a means for communication over distance, or as secret codes.			
<b>Hair Style Competition</b>	To aware the students about various cultures' hair and hairstyles and how it has had significance far beyond esthetic beauty and protection from the weather			
<b>Report on Cultural Program</b>	To develop social skills, communications, build self-esteem and holistic development of the student			

**3. Life Skills:** Life skills are defined as a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with other and manage their lives in a healthy and productive manner. Different programs have been organized by the College to enhance the life skills of the students. The details of the programme are given below.





Title	Objectives	Date	Report Link	Official YouTube Link
<b>Meri Mati Mera Desh Program</b>	To inspire future generations to protect India's cherished heritage and also encourage them to plant trees for better environment	26-07-2023 to 02-08-2023		
<b>Anti Ragging Day</b>	To teach the student about preventing ragging and fostering a safe and respectful learning environment.	12-08-2023		
<b>National Sports Day</b>	To teach how to remain mentally and physically fit	29-08-2023		
<b>Talk on Life Skills</b>	To teach the skills required in personal and professional life	27-09-2023		
<b>Faculty Exchange Program</b>	To teach the student how to keep a healthy	17-10-2023		



	body by maintain a healthy gut bacterium			
<b>Prohibition of Child Marriage</b>	To aware the students about the bad effect of child marriage in the community	02-11-2023		
<b>Career Counselling &amp; Guidance on Skill Development</b>	To provide skills on how to improve communication skills and shared the importance of clear and concise expression in professional settings	21-02-2024		
<b>Report on Awareness Program for Women's Health</b>	To teach the student about the importance of physical health and mental well-being.	22.02.2024		
<b>Report on International Woman's Day</b>	To aware the student how holistic development of students, encompassing learning of moral values, character building etc..	04-03-2024		
<b>Happiness Day</b>	To teach the student how happiness is a fundamental human right and that	20-03-2024		



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	promoting happiness and well- being can lead to a more peaceful, equitable and sustainable world.			
<b>World Water Day</b>	To teach student about water management to combat poverty, inequality, etc.	22.03.2024		
<b>Awareness Program on Organ Donation</b>	To aware the students about the importance of organ donation to save innocent lives	22.03.2024		
<b>Workshop on Financial Literacy</b>	To aware the student about essential knowledge to make financial decision and to make their future secured.	28.03.2024		
<b>Sports and Game</b>	To enhance the motor abilities like force, speed, endurance, coordination and flexibility	2023-24		



  
Principal  
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