



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE




**CAPACITY DEVELOPMENT
AND
SKILLS ENHANCEMENT ACTIVITIES
2022-2023**

**SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS
AND
LIFE SKILLS**

5.1.2. Capacity development and skills enhancement activities taken by the institution include.

- 1. Soft Skills**
- 2. Language and Communication Skills**
- 3. Life Skill**

1. Soft Skills: For the overall development of the students, teachers and non-teaching staff of the college, the IQAC, Academic Departments and different Cells of the College have undertaken different skill development initiatives at the College. Soft skills include interpersonal (people) skills, communication skills, listening skills, time management, problem-solving, leadership and empathy. The details of the programme are given below.

Title of the Program	Objectives	Date	Report Link	Official YouTube Link
World Ozone Day Poster Competition	To enhance the skills required in poster making	16.09.2022		
Entrepreneurial Eco-system: Challenges and Opportunities	To explore the various components of the entrepreneurial ecosystem, such as funding, mentorship, and networking opportunities, to understand how they contribute to the	19.09.2022		









	rationality and success of startups and entrepreneurs.			
National Energy Conservation Day	To Raise Awareness among Student about the importance of Energy Conservation and Efficiency.	14.12.2022		
National Mathematics Day 2022	The Program aimed at creating an awareness among the students about the contribution of Ramanujan's contribution in the field of Mathematics	22.12.2022		
National Girl Child Day 2023	To Aware the Student about the inequalities Faced by the Girl Child and to Create Awareness Regarding her Rights including Importance of Education, Health and Nutrition	24.01.2023		
Youth Festival	To enhance the skills required to enhance leadership, teamwork, time management, handling pressure quality in student	2022-23		
One Day Workshop on Union Budget	To teach student about union budget	16.02.2023		












One Day Workshop on Prospect of Entrepreneurship in Aquarium Trade	To teach the skills required to become a successful aquarium entrepreneur.	17.02.2023		
National Science Day 2023	To promote scientific thinking, inspire curiosity, and foster a scientific temper among the student.	27.02.2023 to 28-02-2023		
Career and Job opportunities for Degree students	To aware the student about the career related to History	11-03-2023		
Enhancing Learning through Practical in Chemistry	To enhance understanding, allowing individuals to see the relevance and practical implications of concepts learned in theory	13-03-2023		
Employability Skills Training Programme for Girl Students	To develop an identity and improving one's self-esteem, managing emotions and overcoming obstacles	13-03-2023 to 17-03-2023		
Career Prospects in Mathematics	To Enhance the Reasoning and	14.03.2023		



	Mathematical Skills among the Student			
One Day Workshop on NAAC Preparedness and NEP 2020 implementation	To make the faculty and staff of various institutions aware of the NAAC assessment and accreditation process as well as the implementation of NEP 2020	19-03-2023		
Career after graduation: Higher Studies and other prospects	To generate interest of the students toward higher studies and competitive examinations after graduation	22-03-2023		
A Special Talk on Career Perspective	To guide individuals toward informed decisions, personal growth and successful career paths	27-03-2023		
Career Counselling and Guidance on Insight to Higher Education in Abroad	To generate interest among the student for pursuing career abroad	02-04-2023		
Workshop on IIT-JAM	To teach the students how to set realistic expectations and adapt strategies as needed also to develop a mindset that values reason, evidence and critical thinking.	04-04-2023 to 05-04-2023		










How to Crack Entrance Examination for Higher Education	To provide comprehensive advice on careers, courses and jobs that will enable the students to choose their career in future	10-04-2023		
Career Prospects After Graduation: Exploring Opportunities and Facing Challenges	To aware student about different career prospects and challenges after graduation	19.04.2023		
Career Counselling and Guidance on Insight into Global Placement-1	To provide the students various ideas required to find a carrier of their choice.	26-04-2023		
One-Day Workshop on Vermicompost for Green Livelihood.	To teach student about different aspect of vermicompost so that they can do small business	02.05.2023		
Workshop on Research Methodology	To teach the students about the importance of research methodology.	02.05.2023		
One Day Career Counselling Programme on	To enhance the skills required to choose a career related to their field among diverse area	03.05.2023		






Assamese as a Career and its Future Prospects				
Career Avenues after Graduation: Overview of banking Exams	To teach the student about career opportunities in banking sector as a career	04.05.2023		
Extension Activity in Nazira Bortola H.S. School	To promote Community Engagement and Social Responsibility among the Students	26/05/2023 & 27/05/2023		
Girls Volleyball Coaching	To enhance overall skills required to performed better in competition	29.05.2023		
One Day Hands on Training in Green Tea Processing	To give the student skills required to become economically independent by doing such kind of small business.	02.06.2023		
Career Planning: Exploring the Recent Trends in the Ocean of Science	To provide the student a platform where student from different field of science can explore career opportunities in reputed international organizations	08.06.2023 & 09.06.2023		
Career Prospects in Statistics	To motivate the students to stretch themselves and	13.06.2023		







	realize their full potential in the subject			
Collection and Development of Indigenous Seed Bank	To orient the students about the seed collection and development of seed bank	21-06-2023		
A Workshop on Pickle Making	To teach skills required to become self employed by making pickle in commercial purpose	27.06.2023		
National Statistics Day, 2023	To create public awareness in young generation about the role and importance of Statistics in Strategizing, economic planning and policy formulation	29.06.2023		
Iconic Week	To motivate student to achieve the Sustainable Development Goals (SDGs). The week's programs highlight the role of Panchayats in achieving the SDGs.	08.08.2022 to 14.08.2022		
Project Gyanyatra	To create a platform to render support to schools and underprivileged students in the sphere of education and allied areas	2022-2023		








Music Competition	To encourage the student to promote and preserve Indian classical music	2022-2023		
Scientific Research Project	To educate the student about different aspect of research work	2022-2023		





2. Language and Communication Skills: There are four language and communication skills: listening, speaking, reading and writing. These four skills of language allow an individual to comprehend and produce spoken language for proper and effective interpersonal communication. Different activities have been organized by the College to develop language and communication skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
Cultural Rally College Week	To provide an opportunity for students to learn about different cultures, language and traditions.	2022-2023		
Debating Competition	To increase the communication and develop persuasion skills	2022-2023		
Literary Competition	To teach the student about letter writing,	2022-2023		







	novel writing, feeling writing etc.			
World Poetry Day	To educate student that Poetry serves not only an ideal of language but it is a source of motivation for teaching language and it's all four skills i.e. reading, writing, speaking and listening	21.03.2022		
Creative Writings: Back to Basics	To teach student about various ways to develop creativity, the importance of building word stock, importance of plot development and many other aspects of creative writing	29.08.2022		
Airy Nothings: Poetry and The Everyday	To have excellent writing and communication skills, a strong, innovative imagination, self-discipline, and the ability to promote your work.	21.09.2022		
National Unity Day	To teach the student to promote the idea of Unity in Diversity of the nation, the unit	31.10.2022		



	organised 'Run for Unity'			
Production Oriented Theatre Workshop	To teach the student about the language and communication skills required for role in Bhaona. The college has taken a step towards the preservation and promotion of the rich cultural heritage of Assam.	30.12.2022 – 29.01.2023		
Renowned Assamese Movie Show	To teach the student about their culture and language. As movie provides authentic language input and helps improve vocabulary, listening, writing, and fluency in the target language	10.04.2023		





3. Life Skills: Life skills are defined as a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with other and manage their lives in a healthy and productive manner. Different programs have been organized by the College to enhance the life skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
Tree Plantation	To teach skills required for plantation and why it is necessary for better health	17.07.2022 to 15.08.2022		
Swachh Bharat Mission-Urban (SBM-U)	To teach the skills required to keep the surrounding clean	17.09.2022		
Clean India Campaign	To aware the student about importance of clean and hygiene environment for a healthy mind	01.10.2022 to 31.10.2022		
Blood Donation Drive	To teach the student to help people in need and to cater to the growing need of blood	04.11.2022		
National Youth Day	To teach students about the philosophies, ideas	12.01.2023		



	and principles of Swami Vivekananda			
Sports Week	To enhance the motor abilities like force, speed, endurance, coordination and flexibility	2022-23		
Hair Style Competition among Girls	To teach the student how to take care of your appearance. It holds important psychological benefits too.	2022-2023		
World Cancer Day	To increase awareness about cancer and its causes in our society	04.02.2023		
A Training Program on Gardening	To aware student that gardening can provide time for meaningful family connection, give kids a sense of purpose, foster mindfulness.	18.02.2023		
Celebration of International Women's Day	To create awareness among girl students about various aspects of menstruation and the need to maintain menstrual health and hygiene	08.03.2023		



International Day of Happiness	To teach the students about the skills required to stay happy and motivated during hard time in their career journey	20.03.2023		
One Day Workshop on Yoga	To help the students to enhance their physical, mental and spiritual development.	27.03.2023		
Life Skill Program by department of Mathematics	To enhance life skills required to take reasonable decisions about their lives	29.04.2023		
Rangoli Competitions among Student	It encourages student to add colour to their themselves and to develop skills of aesthetics, creativity and innovation among the students	2022-2023		
World No Tobacco Day	To aware student about side effect of tobacco, and role of youth to claim their right to health and healthy living and to protect future generations	31.05.2023		
World Environment Day	To aware the student about the bitter side of technological advancement and why	05.06.2023		



	greener approach should be our first priority			
Plantation Drive in World Environment Day	To teach the student skills required to plant trees and how to maintain	05.06.2023		
World Yoga Day	To raise awareness about the glorious yoga practice of India. Yoga is an ancient art of India which plays an important role in relaxing the mind and body and boosting people's immune system.	21.06.2023		
World Make Up Day	To teach student about many of the flourishing natural features that a woman has. A good blush can help to make the prominent cheeks a little more noticeable and dynamic in style.	26.06.2023		
Mehendi Competition Among Girls 2022-2023	To give students a stage where they were able to express their skills and originality while also showcasing the elegance and complexity of Mehedi,	2022-2023		



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	an age-old Indian art form			
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Principal
Gargaon College
Simaluguri