



গড়গাঁও মহাবিদ্যালয়  
GARGAON COLLEGE





**CAPACITY DEVELOPMENT  
AND  
SKILLS ENHANCEMENT ACTIVITIES  
2021-2022**

**SOFT SKILLS,  
LANGUAGE AND COMMUNICATION SKILLS  
AND  
LIFE SKILLS**

**5.1.2. CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITIES TAKEN BY THE INSTITUTION**

1. Soft Skills
2. Language and Communication Skills
3. Life Skills

**1. Soft Skills:** For the overall development of the students, teachers and non-teaching staff of the college, the IQAC, Academic Departments and different cells of the College have undertaken different skill development initiatives at the College. Soft skills include interpersonal (people) skills, communication skills, listening skills, time management, problem-solving, leadership and empathy. The details of the program are given below.

Title of the Program	Objectives	Date	Report Link	Official YouTube Link
<b>The Importance of Financial Institutions in the Development of Rural Areas and Formation of Enterprises</b>	To inform the student about the skills required to form enterprises in rural area	09/07/2021		
<b>IIT-JAM and Opportunities Thereafter. A Two Day Webinar</b>	To increase the skills required for employability in the light of NEP	26/07/2021 & 27/07/2021		
<b>Special Lecturer on Insight to Higher Education in Abroad</b>	To provide students with valuable information and guidance regarding pursuing higher education	02.08.2021 & 03.08.2021		



<b>An Interaction Program with Renowned writer Rubul Maut</b>	To increase the skills required for creative writing and effective imagination	08-08-2021		
<b>Seven Day Offline Coaching Programme for Assam TET-LP&amp; UP</b>	To equip the candidates with effective teaching methodologies and strategies, empowering them to become better educators	30-09-2021 to 02-10-2021		






<b>One Day Career Counselling Programme on preparation for IIT JAM/TUEE/DUET</b>	To provide guidance and information to students for preparation of JAM, TUEE and DUET	10-11-2021		
<b>An Interactive Programme for Prospects and Preparation for Competitive Examination</b>	To teach the students skills required for performing better in competitive examinations	17.11.2021		
<b>One Day Workshop to Popularize Mathematics</b>	To increase the quantitative skills of the students required in Mathematics	22.12.2021		
<b>Workshop Cum Exhibition on Cake Making</b>	To encourage student to acquire skills which can make them economically self-dependent	06.01.2022		
<b>A Special Talk New Education Policy</b>	To Inform the student about the flexibility to develop diverse skills in new Education Policy	12.01.2022		









<b>Vermicompost Production Training</b>	To teach the skills about how to produce vermicompost from organic waste and use it as an entrepreneurial activity	09.02.2022		
<b>Workshop on Innovative Ecosystem in Academic Institutions</b>	To develop skills related to implementation of scientific theory into Technological Model	09.02.2022		
<b>Career Counseling Program on Higher Studies in Physics</b>	To provide guidance and information to students for pursuing higher education in physics from various reputed institutions in the country	10-02-2022		
<b>Azadi Ka Amrit Mahotsav Competition Guidelines</b>	To Encourage the Student to Participate in different government organized Program and aware them about different guidelines	11.02.2022		


<b>Innovative Model Development Competition</b>	To popularized Science Among the Student	27.02.2022 & 28.02.2022		
<b>How to Qualify the Common PG Entrance Examination in Indian University</b>	To provide information related to the PG Entrance test in Indian Universities	20-04-2022		
<b>Workshop on Preparation for Joining Armed Forces</b>	To enhance the skills required to get job opportunities in Armed Forces	28.04.2022		







<b>Career Counselling Programme on Choosing a Right Career</b>	To provide guidance and information to students for choosing the right career in Economics	25-05-2022		
<b>Model Competition Among Student</b>	To increase the skills related to reuse of Plastics	05.06.2022		
<b>Organizing Cultural Event</b>	To teach the student about unique language, literature and Cultural practices of different ethnic groups of northeast			
<b>Music Competition</b>	To enrich the singing skills of students so that they can perform well in intercollege event and to unfold their creativity, refreshing their mind.			
<b>Miss Gargaon Competition</b>	To teach the student about the skills required to stay smart, humble, sincere, confidence and beautiful.			

**2. Language and Communication Skills:** There are four language and communication skills: listening, speaking, reading and writing. These four skills of language allow an individual to comprehend and produce spoken language for proper and effective interpersonal communication. Different activities have been organized by the College to develop language and communication skills of the students. The details of the programme are given below.









Title	Objectives	Date	Report Link	Official YouTube Link
<b>Exploring Culture and language of Mising Community</b>	To teach the student about the skills required to learn new language, culture through communicating in a field visit	21.12.2021		
<b>A Drama Workshop Along With a Dialogue Delivery Competition and a Puppet Show</b>	To enhance the theatrical skills of the student and to give them idea about Puppetry language	27.03.2022 & 30.03.2022		
<b>One Day Workshop on “Asomiya Bhasat Mukta Saikhik Samal: Aharan Aru Byaher”</b>	To enhance different skills required to explore and unfold Assamese literature	01-06-2022		
<b>Communication and Language Skill paper by Assamese Department</b>	To enhance the communication and writing skills of the student in Assamese language			

<b>Communication and Language Skill paper by English Department</b>	To enhance the communication and writing skills of the student in English language			
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**3. Life Skills:** Life skills are defined as “a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with other and manage their lives in a healthy and productive manner. Different programs have been organized by the college to enhance the life skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
<b>One Day Workshop on Yoga</b>	To enhance the skills required to keep life in balance through practicing yoga	21.06.2021		
<b>Ten-Day Training Programme on Self-Defence for Girl Students</b>	To teach the skills required to protect themselves in unwanted situation	14.12.2021 to 24.12.2021		



<b>Life Skill Training</b>	To educate student about life skills required for mental and spiritual wellbeing	05.01.2022		
<b>Seven Days NSS Camp at the Model Village of Gargaon College on Environment, Health, Hygiene &amp; Sanitation Youth and Woman Empowerment</b>	To teach students about the skills required for staying healthy	07.02.2022		
<b>Volleyball Coaching for Girl Student</b>	To enhance different skills required for different games and also, to teach skills such as leadership, teamwork and at last but not least how to stay healthy	02.05.2022		
<b>Workshop on Life Skills and Personality Development</b>	To enhance the skills required for students to succeed in them personal and professional lives.	25.06.2022		
<b>One Day Workshop on Stress: Its Awareness and Management</b>	To teach the skills needed to live a stress-free life	28.06.2022		





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*[Signature]*  
Principal  
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Simaluguri



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