



গড়গাঁও মহাবিদ্যালয়  
GARGAON COLLEGE

# International Happiness Day

20th March 2024



Organized by  
Department of Education  
Gargaon College



## Overview

**Name of the Program: International Day of Happiness**

**Type of program: A Motivational Program on the theme  
“Reconnecting For Happiness :Building Resilient Communities”**

**Date: 20th March 2024**

**Organizers: Department of Education, Gargaon College**

## About The Program

The International Day of Happiness is observed every year on March 20th to promote happiness, well-being, and a more compassionate world. It is a day to celebrate and recognize the importance of happiness in people’s lives and encourage individuals, communities, and organizations to take action to promote happiness and well-being. The United Nations declared March 20th as the International Day of Happiness in 2012, recognizing the importance of happiness and well-being in promoting sustainable development and global peace. The day was first celebrated in 2013, and since then, it has become a global movement with millions of people around the world participating in activities to promote happiness and well-being.

In observance of this day, the Department of Education organized a Motivational Talk on the theme “Reconnecting For Happiness :Building Resilient Communities”. The Head of the Department, Dr. Bidyananda Borkakoty highlighted on the importance of Celebrating Happiness Day with fun and meaningful activities that would bring joy and positivity in our lives. He encouraged everyone to explore ideas for spreading happiness and creating memorable moments with your loved ones. Students of department education took part in the program. Happiness is an integral part of our life. We all have the right to be happy. The faculty members of the Department of Education also shared their feelings on Happiness and well-being. A few students shared quotes and poems on the theme of happiness.

## Rationality of the Program

The International Day of Happiness is based on the belief that happiness is a fundamental human right, and that promoting happiness and well-being can lead to a more peaceful, equitable, and sustainable world. It is a day to celebrate the power of happiness to transform lives and make the world a better place for all.

Banner of the Program



Photographs







## List of Participants

### LIST OF THE PARTICIPANTS

1	Pranjit Gogoi
2	Mousom Gogoi
3	Priyadarshini Gogoi
4	Adhiraj Borgohain
5	Joyshree Borgohain
6	Priti Rani Das
7	Jintu Mech
8	Bidya Chetry
9	Pankaj Gogoi
10	Sumon Phukon
11	Panchurika Mohan
12	Partha Protim Das
13	Farhin Sultana Ahmed
14	Ritumoni Gogoi
15	Puja Borah
16	Shubham Nayak
17	Prostuti Gogoi
18	Tamanna Rohman
19	Priakhee Dutta
20	Gaurav Kanu
21	Mridusmita Changmai
22	Dimpy Rajkhowa
23	Biswajita mech
24	Rajokhyee Rajkumari
25	Padmakanta Handique
26	Taposhree Rajkumari
27	Lovely Rajkumari
28	Juli Handique
29	Prakriti Boruah
30	Picky Konwar
31	Karabi Gogoi
32	Deepsikha Gogoi
33	Kakoli Buragohain
34	Krishnamoni Boruah
35	Deepjyoti Gogoi
36	Abinash Das

  
Dr. Bidyananda Borkakoty  
HoD & Associate Professor  
Department of Education  
Gargaon College, Simalugun, Assam

