

## NATIONAL SEMINAR ON SPIRITUALITY

Date: 07. 10. 2023

DEPARTMENT OF ASSAMESE SESSION: 2023-24

## **Overview of the programme**



Name of the Programme: National Seminar on Spirituality

Topic: 'আধ্যাত্মিকতা : তাত্ত্বিক আৰু প্ৰায়োগিক তাৎপৰ্য' (SPIRITUALITY:

THEORETICAL AND APPLIED SIGNIFICANCE)

**Resource persons:** Dr. Sabyasachi Mahanta, Principal, Gargaon College, Dr. Dhrubajyoti Nath, Principal of Swahid 1- Peoli Phukan College, Dr. Archana Devi, Associate Professor in Assamese, Sibsagar College and Dr. Arundhati Mahanta, Retd. Head of the Department of Assamese, Gargaon College

Date: 07 October, 2023

**Organizers:** Department of Assamese, Gargaon College, in collaboration with Sati Radhika Mahila Tirtha, the sister wing of Assam Satra Mahasabha and IQAC, Gargaon College

**Rationality of the programme:** To present a discourse on the theoretical and applied significance of spirituality and also to open out and expand the vistas of the value and necessity of spiritual education in the present day context.

List of student participants: 172

## Rationality of the programme

What spirituality signifies is knowledge in relation with soul or Brahma. In other words, it is associated with meditation upon the universal soul. The state of spiritual enlightenment is spirituality. Unveiling the mysteries behind the origin of life and the world, the ancient sages laid down their wisdom in great books. Travelling in simple and complex ways the trend of Indian spirituality wears a diverse look, but due to the prevailing character of harmony and unity it has developed into an all-inclusive one theory. This is what is known as knowledge of God as stated in Upanishad.

Indian spiritualism is philosophy-based. The meaning of this philosophy is to gain keen insight of things. When a man reaches the summit of knowledge he understands the precious truths of life. The exact relation between the Creator and His creations is identity in multiplicity. Spiritual mentality in that way can show one the path of truthful and perfect ways of life.

### Continued...



It is mentioned in Sandogya Upanishad that religious austerity, charity, simplicity, non-violence and truthfulness are the modes of worships of life (3/17/4). These are the fundamentals of spirituality. Spirituality has its own principles. At the keen perceptions of these thoughts in Upanishad it is observed that sacrifice and composure eared from the society and nature helps one achieve power. It does not, however, empower one to develop a mentality to establish authority upon the society.

The power inherent in religion is not identical with outward appearance. Today, flamboyance is prevailing over spiritualism as inherent in religion. A coordination of the body, the mind, the heart and the soul, i.e. a spiritual feeling can pave the way for a change in the society.

### **Brief report of the programme**

A One-Day National Seminar on "Spirituality: Theoretical and Applied Significance" was organized by Sati Radhika Mahila Tirtha, the sister wing of Assam Satra Mahasabha and Department of Assamese, in association with IQAC Gargaon College on 7th October. The seminar was inaugurated by eminent academician and Principal of Gargaon College, Dr. Sabyasachi Mahanta. In his inaugural address, Dr. Mahanta expatiated on the significance of spirituality. He opined that moral and spiritual education has immense significance in the direction of establishing a healthy, resilient and ethically upright society. The welcome address was delivered by Dr. Arundhati Mahanta, President of Sati Radhika Mahila Tirtha. Dr. Mahanta welcomed everyone on behalf of Sati Radhika Mahila Tirtha and the organizing committee of the National Seminar. The ceremonial lamp was lit by Working President of Axom Satra Mahasabha, Shri Bhabananda Deva Goswami.

## Continued...



Distinguished academician, erudite scholar in the area of Cultural History of Assam and Northeastern India and former Professor and Head in the Dept. of Cultural Studies, Tezpur University, Dr. Pradip Jyoti Mahanta delivered the keynote address. In a stimulating deliberation, Dr. Mahanta dwelt on the subject of spirituality and spoke at length about the differences of western and Indian notions of spirituality. He defined spirituality as a quest for life through knowledge or worship of beauty. Describing spirituality as a vast realm, he explained how the concept of western spirituality is focused on its theoretical aspect while Indian spirituality is centered on 25 attempts to enhance and beautify life. A book titled 'Yajnaseni Krishna' authored by Bhisma Durlov Mahanta, retd. Principal of Motiram Bora H.S. Balika Vidyapith, Nagaon was also released on the occasion. Dr. Rina Handique, Vice Principal of Gargaon College, the faculty members of the college, the office bearers and members of Sati Radhika Mahila Tirtha and a significant number of guests and students were present at the inaugural program. Following the inaugural session, a significant number of participants including researchers, faculty members and students presented their papers in two technical sessions. Dr. Sabyasachi Mahanta, Principal, Gargaon College, Dr. Dhrubajyoti Nath, Principal of Swahid 1- Peoli Phukan College, Dr. Archana Devi, Associate Professor in Assamese, Sibsagar College and Dr. Arundhati Mahanta, Retd. Head of the Department of Assamese, Gargaon College acted as the resource persons in the seminar. Mr. Pranob Dowarah, head of the Department of Assamese, Gargaon College along with the convenors of the National Seminar namely Ms. Devajani Bakolial and Dr. Ankur Dutta offered thanks to all concerned for the successful completion of the event.

### Flyer of the programme



### Access to Gargaon College

Academician/ Faculty Member:700.00 Research Scholar:.500.00 Student :200

### College at a Glance

College at a Glance

Situated in a place of historical importance, Gargaon College is one of the premier institutions of higher education in Upper Assam. Gargaon College lies to the east of Sivasagar district with a distance covering fourteen kilometers from the Sivasagar town. Established in the year 1999 and affillizated to Dibrugarh University, the college, since its inception is providing quality education to thousands of students who have so far been associated with it. The college has three faculties- Arts, Science and Commerce. Re-accredited by the NAAC in 2019, the college has plendidly continued its journey for quality enhancement and furtherance of social good. Besides the regular courses, the college offers Post Graduate Diploma Couse in Computer Application (PGDCA), a PG programme under the Directorate of Open and Distance Learning (DDDL) Dibrugarh University, UG & RG programme under KKHSOU. The college offers regular Post Graduate course in Economics, Education, English, History, Political Science and Geography. In addition, the college has introduced twenty three Add On courses and other vocational programmes. With seventeen departments and a total of seventy one faculty members, the college has been striving hard to grow into a center of excellence.

Organizing Committee

Organizing Committee
Dr. Sabyasachi Mahanta
Principal, Gargaon College & Chairperson

Secretary General, Asom Satra Mahasabha & Chairperson

Dr. Arundhati Mahanta President, Sati Radhika Mahila Tirtha & Chief Convenor

Pranab Dowarah

HoD, Deptt. of Assamese, Gargaon College & Advisor Dr. Surajit Salkia, Coordinator, IQAC Devajani Bakalial Dr. Ankur Dutta

Assistant Professor & Convenor (Assamese Section)
Dr. Jitu Saikia
Dr. Anjan Konwar

Assistant Professor & Convenor (English Section) Executive Members Nilakhi Chetia

Associate Professor, Deptt of Assamese

All correspondence shall be addressed to

### GARGAON COLLEGE

SPIRITUALITY: THEORETICAL AND **APPLIED SIGNIFICANCE** 

আধ্যাত্মিকতা : তাত্ত্বিক আৰু প্ৰায়োগিক

7th October, 2023

### Organized by

Gargaon College

### Newspaper clippings

# 'আধ্যাত্মিকতা মানে জ্ঞানৰ মাজেৰে জীৱনৰ অন্বেষণ, সুন্দৰৰ সাধনা'

### গড়গাঁও মহাবিদ্যালয়ত ৰাষ্ট্ৰীয় আলোচনা-চক্ৰ সম্পন্ন

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মহাবিন্যালয় মান নিৰূপণ কোহৰ সহযোগত অনৃষ্ঠিত আলোচনা চৰুক্ বিশ্বাধন কৰে গণ্ডগাঁও মহাবিশালাকাৰ অধ্যক্ত জ সংবাহিন কৰে হ'ব হ'ব এখন সূত্ৰ-সংক, নৈতিকতাপূৰ্ণ তথা মুখ্যাবোক্ত সম্পাৰ সমাজ প্ৰতিষ্ঠাৰ কেন্দ্ৰত আহাজিকতাৰ অপানিসীম ওকত্ব আছে আনকাৰ কাৰ্যকলাৰ অপানিসীম ওকত্ব আছে আনকাৰ কাৰ্যকলাৰ স্বাধন কৰা আনকাৰ কাৰ্যকলাৰ কৰে কাৰ্যকলাৰ কাৰ্যকলাৰ কৰে কাৰ্যকলাৰ কাৰ

সতী বাধিকা মহিলা তীর্থৰ বিষয়ববীয়া, সদস্যমকল আৰু মধ্যেইসংখ্যাক অতিথি উপস্থিত থাকে। অল্কাচন পিছতে পুখন কাৰিবলী সত্তৰত অসমৰ তিয়া প্রাবেশ অর্থ নতাবিক গাবেলক, অব্যাপক, ভাত্ত-ভাত্তীয়ে তেওঁলোকৰ আলোচনা-কার পাঠ কৰে। আলোচনা চক্রান্ধক প্রভাগিত মহাবিলালাকার অন্যাজ কার কার্যান্ত্রীয় বহু কার্যান্ত্রীয় কার্যান্ত্রীয় কার্যান্ত্রী কার্যান্ত্রীয় কর্যান্ত্রীয় কার্যান্ত্রীয় কর্যান্ত্রীয় ক্ সতী ৰাধিকা মহিলা তীৰ্থৰ বিষয়ববীয়া, সদসাসকল আৰু যথেউসংখ্যক অতিথি

### "National Seminar on Spirituality: Theoretical and Applied Significance concludes at Gargaon College



# **Photographs of the programme**















# List of participants



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45. Dr. Dalweam Das. Spagner College
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# List of participants



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115. Satya Stindhu Gogoi (147)	9
116. Manash Rogoi (260)	, b
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118. Barsha Rajhumani (172)	27
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129 Ankita Burogohoin (303)	21 22 10
125 Напірніца Коптан. (257)	b
126 Parinita Bornach, (290	1, ,
127. Anxila Sanah (145)	11 'F .

# List of participants



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139. Privathi Nath (222)	11
140. Lija saikia (417)	Gargaon College
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148. Parthana Patan (240)	V
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152. Shraddha Buragohain (	563) "
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154 Nistha Gogoi (58C)	1) — Assamese Dept. Gangaon College
166 Prine Procedypain (142)	- Assamese lept. Margaon College
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