

FACULTY EXCHANGE PROGRAMME

Date: 17.10.2023

DEPARTMENT OF PHYSICS GARGAON COLLEGE SIMALUGURI-785686



Overview:

Name of the programme: Faculty Exchange Programme

Date: 17-10-2023 **Department:** Physics

Visiting place: Sibsagar Girls' College, Sivasagar

Resource person: Mr. Diganta Konwar, HOD, Department of Physics, Gargaon College

Number of participants: 60

Objective of the program: To educate the students about the importance of healthy

living in terms of healthy gut microbiota.

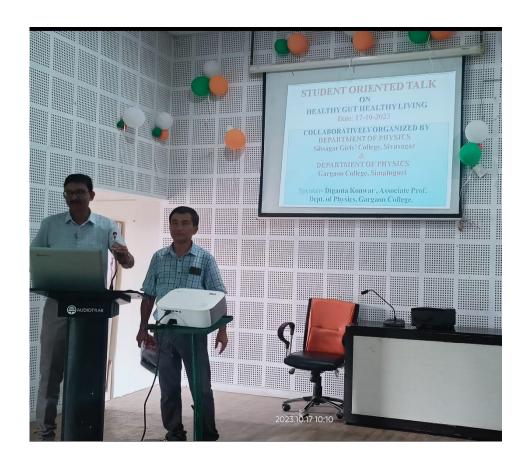
Brief report:

A student-oriented lecture was organized on 17th October,2023 in Sibsagar Girls' College on the topic 'Healthy Gut, Healthy Living'. It was a part of the faculty exchange program between Physics departments of Gargaon College and Sibsagar Girls' College. All the students of 1st semester under FYUGP were a part of this educative program.

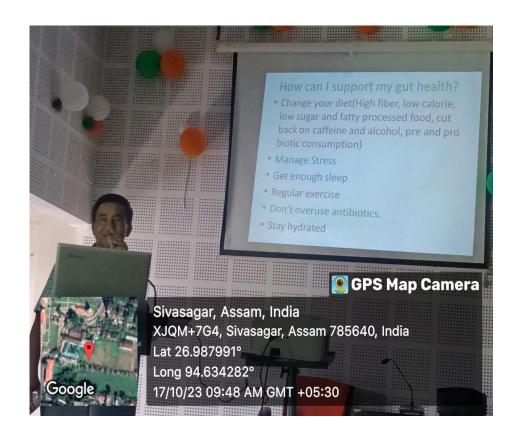
The program started with the felicitation of the guest speaker. Thereafter Mr Bhaskar Dutta, HOD, Department of Physics, Sibsagar Girls' College acquainted the students with the objectives and goal of the program. The resource person Mr Diganta Konwar, HOD, Physics, Gargaon College, reflected his profound knowledge on the topic and highlighted the importance of healthy living in terms of healthy gut microbiota. An interesting and interactive session motivated the participants to learn about healthy living and wellbeing.

De ment of Physics Gargaon College

Photographs:









List of Participants:

```
. 17/10/23 (VAC 11)
                                          29 112 4
  1) Sukanya Handique (405)
                                          28) Sunametowna (414)
  2) Prinkumoni Hatimukia (346)
                                          24) Gayatrie Mili (110)
                                         25) Minaknee Mala (195)
  3> Preiyanka
                 Sakia
                       (322)
                                         26) Washima Begum (462)
  4) Roduti Saikia (829
                                         27) Adéti Rajkhocua (01)
  5/ Dharmietha Buragohain (83)
                                         28) Yermen Sultana (467)
                                        (29) Nikhita Changmai (244)
  G/ Nikhita Phukan (247)
                                        3 Sumalika Gogoi (413)
   7/ Barebi chilia (43)
                                         (31) Bonya Gogo; (53)
        Debajani
                   (2F)
                                        (32) Rifa Tamenna Hazarika (243)
                                        (33) Jenaida Janjim (138)
   9/ Isha
                   (124)
                                        (34) Tabasum yesmin (428)
   10 Janmone Konwak (132)
                                         35) Saswatee Bhuyan (374)
   11/2 Songita Bore guhain (365)
                                         36) Anjana Sahu (13)
  13 yearnin Begum. (466).
                                         37) Tanuja Phukan (436)
  14) Juli Borelishain (147)
15) Sehnad Begum. (378)
                                         38) Toushna Hazarika (450)
                                         39) Taniya Phukan (434)
  13) Panishmita Gayan (277)
                                         40) Muspika Begum (218)
  17) Breshti Bura brohain (57)
                                          4) Sumition Snikia (410)
18) Lanbira Parkin Hazarika (433)
                                         (3) prenoma Dan (303)
19 Prajanma Dutta (291)
20 Riyana Hayat Ahmed (350)
 21)438
```

```
43 Karcis hmi-la (163)
  44 STORALi mili (445)
 45) Borrakhar Trave (42)
46) Miridusmitu Grogor (210)
47) Dikohida Borrah (84)
 48) Kangkana Doworcah (159)
 43 Gayatris Medhi (109)
50/ 730 ( Jahnahi Vas)
 51/ Neha Dell (284)
 52) Previana Gogoi (30I)
 53) Pharitri Gogo! (85)
53) Krikhangi Meeh (172)
55) Heidiga Mandal (122)
56) Priya
            60goi (306)
57) Nupur moni Bornah (261)
58) Aripita Grogai (30)
59) Porci chetia (280)
60) Sinthia Tamuli (396)
                                                       15) Parishment
61) Bonkha Bormah (54)
62) Priyakhi Boruah (309)
                                                        of S) Lanbora Po
63) Ankita Das (15.)
 64) Santana (870)
       Anannya (8)
 65)
```