

Report on Seminar/Workshop conducted by Commerce Department





Overview

Name of the Seminar/conference/workshop: Life Skills and Personality Development

Type of Activity: Workshop

Venue: Zoom Platform

Date: 25th of June 2022

Time: 5.00 pm

Resource person: Mr. Shantanu Chakraborty

No. of Workshop: 47

Flyer



Link for the List of participants





About The Program

The Department of Commerce in collaboration with the Parents Teachers Association organized a workshop on Life Skills and Personality Development on June 25th, 2022. The workshop was conducted online, and the resource person was Mr. Shantanu Chakraborty. Dr. Sabyasachi Mahanta, the Honorable Principal of Gargaon College, was the inaugurator of the workshop. The program was coordinated by Mrs. Nomami Dutta.

The resource person, Mr. Shantanu Chakraborty, started the workshop by defining life skills and personality development. He explained how these skills are necessary for students to succeed in their personal and professional lives. The workshop covered various topics, including communication skills, time management, stress management, leadership skills, and emotional intelligence. Mr. Chakraborty provided examples and case studies to illustrate the importance of each of these skills.

The workshop also included interactive activities and group discussions. Participants were encouraged to share their experiences and ideas on various topics. The workshop was highly engaging, and participants found it to be very useful.

At the end of the workshop, participants were asked to provide feedback on the program. The feedback was overwhelmingly positive, with participants praising the resource person and the organizers for conducting such a useful workshop. The workshop was highly beneficial for students as it provided them with practical skills that they can apply in their daily lives. It also helped students develop their personalities and become more confident and assertive.

In conclusion, the workshop on Life Skills and Personality Development organized by the Department of Commerce in collaboration with the Parents Teachers Association was a resounding success. The resource person, Mr. Shantanu Chakraborty, provided valuable insights and practical advice to the participants. The organizers should continue to conduct such workshops in the future to help students develop essential life skills and become successful in their personal and professional lives.

Rationality of the Program

The program will help the students in developing commicative skills, ,emotional intelligence, stress management, time management, leadership skills. The practical session will help the students in utilizing the skills in day to day life and they will be more confident.



Newspaper cutting



Workshops on life skill development held

OUR CORRESPONDENT

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SIVASAGAR, June 29: The
Department of Commerce,
Gargaon College, in collaboration with the ParentTeacher Association, organized an online workshop on
the topic 'Life Skills and
Personality Development'
recently. Dr Meghali Bora,
head of the department,
welcomed the participants
and highlighted the purpose of the programme.

Dr Sabyasachi Mahan-

ta, noted columnist and the Principal of Gargaon College, inaugurated the session and appreciated the initiatives taken by the faculty members of the department in enriching the skills of the students. In his inaugural address, Dr Mahanta opined that life skills and personality are the keys to enhancing adaptability to enhancing adaptability required to complete the process of socialization successfully. He argued that there is a need for developing a personality of decision making. He also pointed out that NEP-2020 also do that NEP-2020 also d

life experiences. The programme was coordinated by Nomami Dutta and moderated by Dr Mintu Gogoi.

The Career Counseling and Guidance Cell of Gargaon College also conducted a workshop on 'Stress: Its Awareness and Management' on Tuesday. Inaugurating the workshop, Dr Sabyasachi Mahanta, the Principal, highlighted the importance of stress management for leading a balanced life.

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জীৱন দক্ষতা-ব্যা গড়গাও মহাবিদ্যালয়ত

ষ্ট্ৰাফৰিপৰ্টাৰ শিৱসাগৰ ৰ জুলাই ঃ ঐতিহ্যমণ্ডিত গভগাঁও মহাবিদ্যালয়ৰ বাণিজ্য বিভাগৰ অভিভাবক-শিক্ষক সন্থা'ৰ উদ্যোগত জীৱন দক্ষতা আৰু ব্যক্তিত বিকাশ' বিষয়ত এখন অনলাইন কর্মশালা অনুষ্ঠিত কৰা হয় । প্রসিদ্ধ ক্তম্বলেখক তথা গড়গাঁও মহাবিদ্যালয়ৰ অধ্যক্ষ সব্যসাচী মহন্তই অনুষ্ঠানৰ উদ্বোধন কৰি শিক্ষাৰ্থীসকলৰ দক্ষতা সমৃদ্ধ কৰাৰ ক্ষেত্ৰত বিভাগটোৰ শিক্ষকসকলে গ্ৰহণ কৰা পদক্ষেপৰ প্রশংসা কৰে । উ্রোধনী ভাষণ্ড মহন্তই আন্তানটোৰ তাংপৰ্য ব্যাখ্যা কৰি জীৱন দক্ষতা, ব্যক্তিত্ব তথা সামাজিকীকৰণ প্ৰক্ৰিয়াৰ বিষয়ে বিশদভারে আলোচনা কৰে। তেওঁ লগতে এন.ই পি-২০২০য়ে সিদ্ধান্ত গ্রহণ প্রক্রিয়া আৰু সমালোচনামূলক চিন্তা আৰু সমস্যা সমাধানৰ ক্ষেত্ৰত শিক্ষাৰ্থীসকলৰ দক্ষতা বৃদ্ধিৰ ওপৰত ওৰত্ব আৰোপ কৰিছেবুলিও উল্লেখ কৰে।বাণিজ বিভাগৰ বিভাগীয় প্ৰধান মেঘালী বৰাই আদৰণী ভাষণ প্ৰদান কৰাৰ পাছতে কৰ্মশালাৰ সমল ব্যক্তিবাজাজ আলিয়া?'ৰ আঞ্চলিক প্ৰশিক্ষণ প্ৰবন্ধক প্ৰীয়ত শান্তনু চক্ৰৱৰ্তীয়ে তেখেতৰ বক্ৰব্য প্ৰদান কৰি দক্ষতা বুজি আৰু ব্যক্তিত্ব বিকাশৰ

ক্ষেত্ৰত মূল্যবান অন্তৰ্গিষ্ট আৰু জীৱন অভি:তাৰ ভৰত সম্পৰ্কে অংশ গ্ৰহণকাৰী সকলক অৱগত কৰে । বিভিন্ন শিক্ষানুষ্ঠানৰ শিক্ষক,গৱেষক শিক্ষাৰ্থীয়ে অংশ গ্ৰহণ কৰা অনুষ্ঠানটোৰ আঁত ধৰে বাণিজ্য বিভাগৰ সহকাৰী অধ্যাপক মিণ্ট্ গগৈয়ে।কৰ্মশালাখনৰ সমন্বয়ক বাণিজা বিভাগৰ সহকাৰী অধ্যাপিকা নমামী দত্তই অনুষ্ঠানটো সমলভাৱে সম্পদ্ম হোৱাৰ ক্ষেত্ৰত সহযোগতা আগবঢ়েৱাৰ বাবে বাণিজ্য বিভাগৰ অধ্যাপক অনিল থিতী, গৌতম প্ৰজৰিকা আৰু মুদান ঘোষৰ লগতে সংশিষ্ট সকলোকে শলাগ জাপন কৰে L