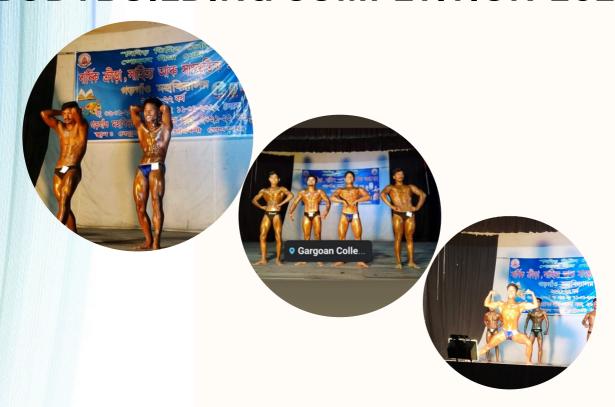


REPORT ON BODYBUILDING COMPETITION-2021-22





Brief Description of the Competition

Bodybuilding improves students' physical condition and can lead to mental health benefits, giving a more transparent state of mind. As a part of co-curricular activities, Gargaon College believes in organising bodybuilding competitions and providing students training for the overall development of the student community. The college has a well setup gymnasium facilities in the campus.

In the year 2021-22, the following students got prizes in the

bodybuilding competition

- 1st Dhon Mili
- 2nd Suraj Singh
- 3rd Mousum Mohan

Photographs





MR. GARGAON DHON MILI



Video Link

